ANNUAL REPORT

2025-2026

PLAN OF ACTION

2026-2027

B. P. KOIRALA INSTITUTE OF HEALTH SCIENCES

Dharan, Sunsari, Nepal

www.bpkihs.edu

B. P. Koirala
(1914 - 1982)

(The visionary leader after whom the Institute is aptly named)

Annual Report 2025-26

&

Plan of Action 2026-27

B. P. Koirala Institute of Health Sciences

Dharan, Nepal

Executives of BPKIHS

वी.पी. कोइराला स्वास्थ्य विज्ञान प्रतिष्ठान
B. P. Koirala Institute of Health Sciences
धरान, नेपाल (Dharan, Nepal)

Message from the Vice Chancellor

It is with profound humility, a deep sense of responsibility, and a renewed commitment to the ideals upon which this institution was founded that I assume the privilege of serving as the Vice Chancellor of B. P. Koirala Institute of Health Sciences (BPKIHS), Dharan.

The Annual Report 2025-2026 and Plan of Action 2026-2027 presented herein reflect not merely a record of institutional activities and achievements, but the collective dedication, perseverance, and aspirations of the entire BPKIHS family. They represent the contributions of our faculty, healthcare professionals, students, administrative and technical staff, alumni, and valued partners who continue to advance the institution through their commitment and service.

BPKIHS was established with a vision to contribute to the advancement of health sciences through excellence in education, healthcare services, research, and community engagement. Over the years, the Institute has evolved into a leading centre of health sciences education and tertiary healthcare in Nepal, with multidisciplinary academic programmes spanning Medicine, Dentistry, Nursing, Public Health, and Allied Health Sciences. Our strength lies not only in the breadth of our academic programmes, but also in our ability to bring together diverse disciplines in pursuit of a common purpose: producing competent, compassionate, ethical, and socially accountable healthcare professionals.

The essence of healthcare education extends far beyond the acquisition of knowledge and technical skills. It must cultivate critical thinking, ethical judgement, empathy, leadership, and a lifelong commitment to learning. In an era of rapid scientific and technological advancement, BPKIHS must continue to foster an academic environment that encourages inquiry, innovation, professionalism, and excellence while remaining firmly grounded in the values of humanity and service.

Our Central Teaching Hospital remains at the heart of BPKIHS service mission. Every day, it provides comprehensive and specialized healthcare to patients from Dharan, Koshi Province, and beyond, while simultaneously serving as an essential environment for clinical education and training. We are committed to strengthening patient-centred care, improving the quality and safety of services, modernizing infrastructure and technology, and ensuring that every patient who enters our institution receives care with dignity, compassion, and professionalism.

Equally important is our responsibility to advance research and innovation. As a health sciences university, BPKIHS must generate knowledge that addresses the health priorities of Nepal and contributes to the broader global evidence base. We will continue to promote high-quality, ethical, and impactful research; strengthen research capacity among faculty and students; encourage interdisciplinary collaboration; and translate research findings into improved clinical practice, public health interventions, and evidence-informed health policies.

As we look towards the future, I firmly believe that institutional excellence cannot be achieved without

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Message from the Vice Chancellor

discipline, transparency, accountability, teamwork, and a culture of continuous improvement. Every member of BPKIHS has an important role in safeguarding the dignity and reputation of this institution. We shall strive to create an environment in which good performance, professionalism, innovation, and responsible conduct are recognized and encouraged, while shortcomings are addressed fairly, transparently, and firmly. Excellence must become not an occasional achievement, but an institutional habit.

Our journey ahead will inevitably present challenges. Financial sustainability, human-resource development and retention, modernization of infrastructure, expansion of quality healthcare services, strengthening of academic programmes, promotion of research, and adoption of appropriate digital and technological innovations require sustained effort and collective resolve. These challenges, however, also present opportunities to rethink, reform, and rebuild with greater clarity and purpose.

Our priorities must therefore be guided by a clear institutional vision: to strengthen BPKIHS as a centre of excellence in health sciences education, patient care, research, innovation, and community service, while ensuring institutional sustainability and national relevance. We shall pursue this vision through strategic planning, evidence-based decision-making, effective coordination, prudent resource utilization, and meaningful engagement with all stakeholders.

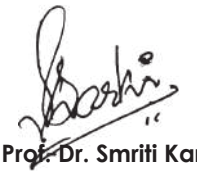
I express my sincere gratitude to the Government of Nepal, Ministry of Health and Food Safety, Medical Education Commission, provincial and local governments, our national and international academic and development partners, alumni, well-wishers, and, above all, the people of Dharan and the wider communities we serve for their continued trust and support.

I also extend my heartfelt appreciation to every member of the BPKIHS family. The strength of an institution is ultimately measured by the commitment of its people. Our collective knowledge, experience, dedication, and willingness to work together will determine the success of the journey ahead.

As we enter a new phase of institutional development, I call upon all of us to work with unity of purpose, professional integrity, mutual respect, and a shared commitment to excellence. Let us embrace constructive change, encourage innovation, learn from our experiences, and remain steadfast in our responsibility towards our students, patients, communities, and the nation.

BPKIHS has a proud legacy and an even greater responsibility for the future. Together, we shall build upon our achievements, address our challenges with courage and wisdom, and create an institution that not only responds to the changing needs of Nepal but also contributes meaningfully to the global advancement of health sciences.

May BPKIHS continue to inspire, innovate, serve, and lead-as a beacon of health sciences education, compassionate healthcare, research, and knowledge for Nepal and the world.



Prof. Dr. Smriti Karki
Vice Chancellor

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Message from the Rector

As we reflect on our journey and chart the course ahead, I extend my heartfelt gratitude to the entire B.P. Koirala Institute of Health Sciences (BPKIHS) community. Since our inception in 1993, BPKIHS has stood as a cornerstone of healthcare and medical education, now serving more than 600,000 patients annually in our outpatient departments. The past year has tested our resilience, yet it has also highlighted our collective strength in advancing academic leadership, clinical care and research.

Despite challenges, our dedicated teams have achieved remarkable progress. Through the NPR 17 crores High Impact Community Development Project (HICDP) grant, we are expanding digital infrastructure and acquiring advanced diagnostic tools, including two MRI machines. We have laid the foundation for specialized clinical expansion with our 400-bed Maternal and Child Health (MCH) center and dedicated 200-bed Cardiology and Oncology centers.

In academia, we reinforced our commitment to Competency-Based Medical Education (CBME), maintained a strict academic calendar and our community-oriented teaching model continued to serve populations across neighbouring districts. These accomplishments reflect the unwavering dedication of our faculty, clinical staff, residents and students.

Looking forward, our strategic priorities are clear. We will have academic modernization through smart classrooms, expanded postgraduate seats, new DM/MCh and fellowship programs and a Digital Student File System to monitor real-time performance. We will be moving toward full university status, establishing specialty centers in interventional radiology, organ transplantation, neurosciences, trauma and nephro-urology, while strengthening international collaborations. Restoring international students intake, optimizing and utilising institutional assets, implementing green campus initiatives and digitizing hospital management will assure financial & operational sustainability. Students' wellbeing will be addressed by incorporating transparent merit-based promotions, secure ragging-free campus culture, improved hostel governance, feedbacks and mentorships. Strengthening research, restoring grants, faculty development opportunities and honoring excellence through awards will promote recognition & motivation of faculty.

Our transformation into a globally recognized Centre of Excellence depends on unified effort, accountability and ethical care. I sincerely thank our educators, medical teams, administrative staff, government and international partners for their continued dedication. Together, we will uphold our mission to serve humanity through medical training, compassionate patient care and impactful research.

My guiding motto is to build an academically excellent, research-driven, student-centered, innovative, accountable and continuously improving Institute, the one that develops competent professionals, generates meaningful knowledge and contributes responsibly to national and global development.

Prof. Dr. Shivendra Jha
Rector

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Message from the Registrar

Dear Students, Faculty, Staff, and Well-Wishers,

It is my privilege to present the Annual Report of B.P. Koirala Institute of Health Sciences (BPKIHS), which reflects the achievements, dedication, and collective efforts of our students, faculty, staff, and healthcare professionals throughout the year.

BPKIHS is more than a place of teaching and learning. As a leading health sciences institution, we remain committed to excellence in education, research, patient care, and service to society. Throughout the year, our students have continued to learn, grow, and develop as future healthcare professionals. Our faculty members have contributed through teaching, research, mentorship, and academic leadership, while our clinical teams have remained dedicated to providing compassionate, high-quality care to our patients.

At the same time, we recognize that our institution continues to face challenges, including administrative delays, resource constraints, and the need to further strengthen our systems and services. Addressing these challenges requires greater efficiency, teamwork, transparency, accountability, and a shared sense of responsibility at all levels of the institution.

Looking ahead, our priorities will be to strengthen academic and clinical services, improve administrative efficiency, optimize the use of available resources, and foster an environment that encourages learning, research, innovation, professionalism, and patient-centered care. We must continue to adapt to changing needs while preserving the values and vision upon which BPKIHS was established.

The strength and progress of BPKIHS depend not only on its infrastructure and resources, but also on the commitment, integrity, and dedication of its people. I sincerely appreciate the hard work and valuable contributions of every student, faculty member, staff member, and healthcare professional who has helped advance our institution over the past year.

As we move forward, let us uphold the principles of professionalism, integrity, and compassion while working together with a shared commitment to excellence and the continued growth and development of BPKIHS.

I wish our students, faculty members, administrative staff, healthcare professionals, and the entire BPKIHS community continued success in the years ahead.

Dharanidhar Baral
Registrar

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Message from the Director

It is my pleasure to present the Annual Report for the fiscal year 2025–2026 and the Plan of Action for 2026–2027 of B.P. Koirala Institute of Health Sciences. This report provides an overview of our achievements, challenges, lessons learned, and priorities for the year ahead.

The past year has been a period of both progress and challenges. Despite limitations in human resources, finances, infrastructure, equipment and technology, the BPKIHS family has continued to provide essential health services with dedication and commitment. I sincerely appreciate the efforts of our faculty, doctors, nurses, paramedics, technical and administrative staff, students and all other members of the BPKIHS family who have contributed to maintaining and improving our services.

An annual report is not only a record of what we have accomplished; it is also an opportunity to understand where we need to improve. As we move forward, our focus will be on better patient care, efficient service delivery, responsible use of resources and continuous improvement. The Plan of Action for 2026–2027 gives priority to improving patient flow and reducing waiting time, strengthening emergency and critical care services, ensuring better utilization of human resources, improving the availability and management of essential equipment and medicines, strengthening infection prevention and patient safety and expanding important health services.

Looking ahead, we are guided by a single commitment: serving our community with safe, timely, and compassionate care. Over the coming year, our goals are clear—reducing wait times, strengthening emergency services, and ensuring essential medicines and equipment are always ready. By adopting modern digital tools, we are moving toward a paperless system to make quality healthcare smoother, faster, and easier to reach for everyone.

Dr. Indra Kumar Limbu
Hospital Director

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Editorial Message

We are pleased to present the Annual Report 2025–2026 and Plan of Action 2026–2027 of B. P. Koirala Institute of Health Sciences (BPKIHS) on September 9, 2026 (Bhadra 24, 2083), especially on the occasion of its 33rd anniversary. Every year, BPKIHS publishes its annual report and plan of action on its anniversary.

The Annual Report of BPKIHS is a unique document which reflects strength and dedication of whole BPKIHS family members. It includes a summary of manpower/employees (faculty and staff) and their activities over the past one year, including academics, research, services, programs attended or conducted, achievements, special appointments, awards, and honours; and the proposed plan of action for the upcoming year. This year, the vision, mission, core functions, and SWOT analysis have also been added by most of the offices and departments, which further strengthens the report.

This Annual Report of BPKIHS may be an important document for analysing and evaluating BPKIHS at a glance. In other words, this report can serve as a window for reviewing the overview of BPKIHS from every aspect. In addition, the SWOT analyses of each office, department, division, section, and committee may help authorities and the government understand the overall strengths, weaknesses, opportunities, and threats of BPKIHS. This may help improve the condition of BPKIHS by utilizing the strengths, growing through available opportunities, minimizing weaknesses, and protecting against threats.

Regarding student activities, students of BPKIHS are highly active. Along with their academic activities, they conduct significant extracurricular activities. Students' extracurricular activities are also highly encouraging, adding to the credibility of BPKIHS. Reports of a few of these extracurricular activities have also been included this year.

One of the most celebrated academic events in the institute's calendar is the Annual Scientific Session of BPKIHS. It brings together faculty, students, and researchers to share and disseminate research findings through oral and poster presentations. A report of last year's Annual Scientific Session of BPKIHS has also been included in this Annual Report.

The editorial team would like to extend their sincere gratitude to the Vice Chancellor of the Institute for entrusting them with the responsibility of publishing this valuable annual report and plan of action of BPKIHS. Every member of the editorial team worked hard from day one until its publication, contributing their expertise and skills. This time, many additional details have been added, and the collection, compilation, and editing were quite challenging. The preparation of this report would not have been possible without the support and cooperation of everyone involved.

We hope that this report provides useful information about our progress and inspires us to work even harder in the coming year. We would like to thank all members of BPKIHS for their support and cooperation.

R Khadka

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Editor-In-Chief

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Annual Report 2025-26 & Plan of Action 2026-27

Preparation of Annual Report 2025-26 & Plan of Action 2026-27

Preparation of Annual Report 2025-26 & Plan of Action 2026-27

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1. Introduction

B.P. Koirala Institute of Health Sciences, more popularly known as BPKIHS, is a health science institution located at Dharan which is situated in the eastern part of Nepal. BPKIHS was established on January 18, 1993 and was later upgraded to an independent Health Sciences University on October 28, 1998, with the mission of developing a socially responsible and competent health workforce, providing health care, and engaging in innovative health research. The Institute has expanded its ongoing health services throughout the region.

B.P. Koirala Institute of Health Sciences (BPKIHS) is a self-governing, self-reliant international health sciences university with many teachers and students supporting its education programs. BPKIHS works for developing socially responsible and competent health units. Its main objective is to meet the health needs of the eastern Nepal at all three levels that are, primary, secondary and tertiary and in the process, it has extended its services by teaching health concepts and importance to the primary health care centers, district hospitals and the zonal hospitals in six districts of eastern region. This university is named after Bisheshwar Prasad Koirala, Nepal's visionary social and economic empowerment leader and ardent supporter of national cohesion.

This Institute is intended to be one of the most compelling examples of Nepal-India cooperation. The Institute is divided into four colleges: the Faculty of Medicine, the College of Dental Surgery, the College of Nursing, and the School of Public Health and Community Medicine.

The **MBBS program** of BPKIHS started in 1994, is recognized by the Medical Council of Nepal, India and Sri-Lanka. It is listed in the World Directory of Medical Schools published by the WHO.

The Institute started the **BDS program** in 1999, which is recognized by the Nepal Medical Council. The duration of both BDS and MBBS Programs is 4½ years followed by a year of Compulsory Community Oriented Residential Rotating Internship, which is mandatory and to be completed successfully at BPKIHS and its Teaching District Hospitals. This feature is new and unique in this part of the world.

Postgraduate programs (MD/MS and MSc) were started in 1999. All the MD/MS, MSc and MPH degrees are recognized by respective councils of Nepal and several MD/MS degrees (Anesthesiology, Dermatology and Venereology, Orthopedics, Pediatrics, Surgery, Radiology, Psychiatry, Otorhinolaryngology, Internal Medicine, Pharmacology and Gynaecology & Obstetrics) are recognized by Medical Council of India (MCI) as well. MSc in basic sciences are available in Human Anatomy, Human Physiology, Medical Biochemistry and Medical Microbiology.

The BSc Nursing program was started in 1996. This program is well-recognized within and outside the country. All the nursing degrees are recognized by Nepal Nursing Council.

The **School of Public Health** was established in 2005 and it is running a two-year **MPH program**. The **MSc Nursing Program** is running in Community Health Nursing, Psychiatry Nursing, Maternal Health Nursing, Child Health Nursing and Medical Surgical Nursing.

The MDS Program has been running since 2011 in Conservative Dentistry & Endodontics, Periodontology & Oral Implantology, Pedodontics & Preventive Dentistry and Prosthodontics. PhD program started in 2011.In 2014, the MDS program has been started in Oral Medicine & Radiology, Public Health Dentistry, Oral Pathology and Orthodontics.

DM/MCh courses have been started in the following subjects:

- DM Cardiology
- DM Critical Care Medicine
- DM Gastroenterology and Hepatology
- DM Pulmonary, Critical care, and Sleep Medicine
- DM Neonatology
- MCh Urology
- MCh GI Surgery

Fellowship programme have been started in the following subjects:

- Fellowship in Emergency Medicine
- Fellowship in Urogyanocology
- Fellowship in Endocrinology
- Fellowship in Spinal Surgery

Vision

- A self-governing, self-reliant International Health Sciences University attracting students and teachers from all over the world to its constantly innovative educational programmes.
- A national center for providing quality health services both, tertiary as well as primary, and developing replicable and sustainable models of integrated health systems sensitive to the needs of both in individuals and the community living in urban as well as rural areas.
- A prestigious center for biomedical and health system research, and as a center of excellence for tropical and infectious diseases.
- A complete health development project through its teaching districts which will catalyze an environment-friendly human development initiative resulting in enhancement in the quality of life of the people of Nepal and, those working in BPKIHS to ensure a high level of commitment to excellence and dedication to service.

Mission

The main mission of BPKIHS is to improve the health status of the people of Nepal by providing holistic health care through training of compassionate, caring, communicative and socially accountable health workforce acting as agents of change and through advancement in research and innovation in service as well as education to ensure healthy individuals and families by collaborating with all stakeholders.

Goals

Educational Goals

In terms of achieving the educational goals of the Institute both the present curricula and future educational programmes are to be need-based, integrated, community-oriented and partially problem solving in line with innovative medical education programmes epitomized in the Edinburgh Declaration of 1988. These

are the basic tenets on which BPKIHS curricula are based. In the area of service delivery, this Institute is committed to provide services not only to those coming to its teaching hospital but also to those who are not able to do so. This, the Institute does by reaching out to the community, which cannot reach the Institute. The mountain must go to Mohammed if Mohammed doesn't go to the mountain. Outreach services are an integral part of the commitment, which the Institute has pledged to the legislators. It is not only reaching out to sick in the community but active promotion of positive health and through it, improvement in the status of the community health that will serve as a measure of attainment of our service goals. The faculty at BPKIHS is expected to monitor health indicators such as Infant Mortality Rate, Crude Birth Rate, Crude Death Rate, Blindness, Deafness and Disability rates etc. on an ongoing basis much in the same way as we monitor our individual patients in terms of established clinical parameters. Just as we intervene with different modalities of treatment when our individual patient are not making satisfactory progress. Such monitoring of community health indicators by the departments constitutes an important element in the overall process of evaluation of the Institute by internal an external evaluation.

Research Goals

In the field of research, high priority is accorded to the areas requiring greater attention to solve the existing and emerging health problems threatening the well being of large population groups using multi-disciplinary, integrated and problem solving approach, greater emphasis is placed on research which will lead to application of available knowledge for the benefit of large number of people.

OPD Services

Out Patient Department (OPD) Services at BPKIHS runs daily from Sundays to Thursdays (Full time) and on Fridays (half day).

Patients get services through General OPD and Special OPD at BPKIHS. Patients get comprehensive care at the general OPD and are referred to special OPD if specialized care is needed. Special OPD comprises of all major and minor departmental services including services from the Dental College. Super-speciality services are also run by departments.

OT and minor procedure Services

OT services (major, intermediate, minor and Day-care OT services) are provided by the department of General Surgery under Gastrointestinal surgery, Open Urology, Pediatric surgery, Neurosurgery, Endourology surgery and Laparoscopy Surgery. Major Operations are performed in ten sessions in major OT and 4 sessions per week in day care OT.

Cardiology services provided are ECG, TMT, ABPM, Holter, ECHO, Coronary Angiography, Coronary Angiography + Angioplasty, Renal Angiography, PTMC, PPI, TPI, TPI + PPI, Pericardiocentesis etc. Endoscopy and Colonoscopy are performed under Gastro-hepatologyservices. Peritoneocentesis, pleural fluid tappings, Bronchoscopy and PFTs are performed routinely. Dialysis Services (Peritoneal and Hemodialysis) are also done routinely.

Radiology and Laboratory Services

Radio-diagnostic and laboratory services at BPKIHS run through advanced digital radiological and laboratory equipments.

DOTS TB Clinic

DOTS (Directly observed treatment shortcourse) clinic was started at BPKIHS from 1st Bhadra 2057 BS as a main center of Dharan Municipality. This program is being run in association/collaboration with the National Tuberculosis program and involving Municipality of Dharan and District Health Office, Sunsari. The commitment of each stakeholder has been clearly spelt out. BPKIHS runs a DOTS clinic and provides facility for diagnosis, treatment and management of complications. It also facilitates to other DOTS sub-centres of Dharan Municipality for training and supervision. There are regular review meetings of the main centre with the sub centres, DHO and Dharan Municipality.

Emergency Hospital Services

The Emergency Department at BPKIHS provides care to patients with urgent medical conditions ranging from complex problems to simple but pressing ones. Care is provided 24 hours a day, serving more than 40,000 patients a year. The Emergency at BPKIHS is currently the largest (in manpower) in Nepal and provides state-of-the-art comprehensive, individualized emergency medical care and urgent care to the citizens of the eastern region of Nepal and the surrounding areas of India.

In patient services

Inpatient hospital services (patient care services furnished by the hospital for the care and treatment of the inpatients) at BPKIHS has been and will remain exemplary through the huge infrastructure, ample bed facility and quality and experienced doctors and staffs.

Each clinical specialty has its own inpatient ward and a core team of dedicated staffs alongside the doctors and the nurses. With over 40,000 admissions per year and a bed occupancy rate of nearly 70%, the ward gets busy all the time, nevertheless quality ensued. Residents stay at the wards all the time for the patient care and Ward rounds are held twice a day from faculties. Recent up-to-dates are always kept in pace while undertaking the treatment and patient care and hoping for the best results always.

2. BPKIHS AT A GLANCE

Manpower Status from 1993-2025

Year	Executives	Faculty (Including SR)	Senior House Officer/ House Officers	Tutor/ Dental Surgeon	Junior Residents	Nursing Staff	Other Staff	Total
1993/94	4	7	18	0	11	67	192	295
1994/95	4	43	48	0	26	94	324	535
1995/96	4	84	48	0	20	105	328	585
1996/97	4	88	31	0	26	116	428	689
1997/98	4	117	24	0	17	151	537	846
1998/99	4	114	28	0	17	24	656	839
1999/00	4	132	38	0	15	282	883	1350
2000/01	4	142	52	11	16	257	750	1228
2001/02	4	142	72	17	27	244	785	1287
2002/03	4	141	168	11	34	327	735	1416
2003/04	4	141	56	15	44	415	735	1406
2004/05	4	141	63	22	65	416	870	1577
2005/06	1	155	74	30	38	408	772	1477
2006/07	2	172	22	22	41	450	769	1478
2007/08	4	195	51	24	0	455	753	1482
2008/09	4	182	39	19	0	529	733	1506
2009/10	4	187	53	6	0	520	747	1513
2010/11	4	189	62	24	0	554	698	1531
2011/12	4	204	29	4	0	627	702	1570
2012/13	3	221	44	6	0	561	713	1548
2013/14	3	218	57	8	0	504	702	1492
2014/15	4	252	38	11	0	513	700	1518
2015/16	4	270	27	14	0	608	712	1635
2016/17	4	296	33	13	0	533	725	1604
2017/18	4	325	29	13	0	513	894	1778
2018/19	2	315	20	13	0	578	852	1780
2019/20	3	317	41	13	0	705	686	1765
2020/21	4	293	34	20	0	638	741	1730
2021/22	4	309	75	18	0	638	742	1786
2022/23	4	297	56	15	0	687	823	1882
2023/24	3	284	47	9	0	709	798	1850
2024/25	4	273	37	0	0	746	796	1856

3. TOTAL MANPOWER STATUS OF BPKIHS (JOB TYPE)

SN	Designation	Permanent	Performance	Contract	Others	Total
1.	Vice Chancellor	1				1
2.	Rector	1				1
3.	Hospital Director	1				1
4.	Registrar	1				1
5.	Professor	46				46
6.	Professor (Dental)	7				7
7.	Professor (Non Medical)	4				4
8.	Professor (Nursing)	10				10
9.	Professor (GI Surgery)	1				1
10.	Additional Professor	24		1		25
11.	Additional Professor (Dental)	10				10
12.	Additional Professor (Non Medical)	2				2
13.	Additional Professor (Nursing)	2				2
14.	Associate Professor	47	2	10		59
15.	Associate Professor (CTVS)	1		1		2
16.	Associate Professor (Dental)	8		6		14
17.	Associate Professor (Non Medical)	4				4
18.	Associate Professor (Nursing)	3		1		4
19.	Associate Professor (Gastro Enterology & Hepatology)			1		1
20.	Assistant Professor	6	1	19		26
21.	Assistant Professor (Dental)			6		6
22.	Assistant Professor (Non Medical)	14		2		16
23.	Assistant Professor (Nursing)	1				1
24.	Assistant Professor (Neurosurgery)			1		1
25.	Sr. Resident/lecturer			32		32
26.	Sr. Technologist (Orthotist & Prosthotist)	1				1
27.	Chief Librarian	1				1
28.	Chief Technologist (Lab)	2				2
29.	Engineer (Electrical)	1				1
30.	Manager	1				1
31.	Manager (Chartered Accountants)	1				1
32.	Technologist (Forensic)	3				3
33.	Sr. Technologist (Radiology)	2				2
34.	Deputy Manager	6				6
35.	Deputy Matron	1				1
36.	Pharmacy Assistant			19		19
37.	Acting Section Officer	1				1
38.	Legal Advisor			3		3
39.	Personal Secretary (Officer Level)			2		2
40.	Telephone Operator 4	1				1
41.	Engineer (Electronics)	1				1
42.	Sr. Instructor			1		1

SN	Designation	Permanent	Performance	Contract	Others	Total
43.	Sr. Instructor (Nursing)			7		7
44.	Senior House Keeping Officer	1				1
45.	Senior Technologist (Ophthalmology)	2				2
46.	Sr. Librarian	1				1
47.	Sr. Nursing Officer	16				16
48.	Sr. Technologist (Lab)	7	1			8
49.	Sr. Technologist (Physiotherapy)	1				1
50.	Supervisor	6				6
51.	Technologist (Perfusionist)		1			1
52.	House Officer			36	1	37
53.	Audiologist		1			1
54.	Demonstrator	2				2
55.	Engineer (Biomedical)		1			1
56.	Engineer (Civil)	1				1
57.	Engineer (Computer)	1				1
58.	Instructor	1				1
59.	Nursing Officer	38	2			40
60.	Officer (Computer Programming)	2				2
61.	Officer (Engineering-civil)	1				1
62.	Optometrist			1		1
63.	Pharmacist (Officer Level)		2			2
64.	Physiotherapist			2		2
65.	Section Officer	9		1		10
66.	Section Officer (Forest)	1				1
67.	Technologist	1				1
68.	Technologist (Lab)	2				2
69.	Technologist (OT)	10				10
70.	Technologist (Ophthalmology)	1				1
71.	Technologist (Physiotherapy)	1				1
72.	Technologist (Radiology)	4	1			5
73.	Sr. Administrative Assistant	15				15
74.	Sr. Administrative Assistant (House Keeping)	1				1
75.	Sr. Computer Operator	3				3
76.	Sr. Grade Technician	2				2
77.	Sr. Grade Technician (Lab)	13	6			19
78.	Sr. Grade Technician (Medicine)	1				1
79.	Sr. Grade Technician (OT)	3	1			4
80.	Sr. Grade Technician (Radiology)	1	1			2
81.	Sr. Overseer	2				2
82.	Sr. Staff Nurse	12	79			91
83.	Sr. Grade Technician (Physiology)	1				1
84.	Technician (Anatomy)	1				1
85.	Technician (Dental)	6				6
86.	Accountant			2		2
87.	Administrative Assistant	19				19
88.	Computer Operator	3				3

SN	Designation	Perma nent	Performance	Contract	Others	Total
89.	Driver - 4	4				4
90.	Graduate Technician (Lab)		1			1
91.	Graduate Technician(Radiology)		7	1		8
92.	Graduate Technician	2				2
93.	Overseer			1		1
94.	Plumber - 4	3				3
95.	Sr. A N M	62				62
96.	Staff Nurse		221	315		536
97.	Technician (Lab)	6	5			11
98.	Technician (OT)		5			5
99.	Technician (Radiology)		7	1		8
100.	Telephone Operator 3	2				2
101.	Driver - 5	2				2
102.	Helper - 5	3				3
103.	Plumber - 3	2				2
104.	Plumber - 5`	2				2
105.	Sr. Clerk	7				7
106.	Sr. Foreman	92				92
107.	Sr. Foreman (Swimming)	1				1
108.	Sr. Foreman (Telephone Maintenance)	3				3
109.	Sr. Technical Assistant (Dental)	1				1
110.	Sr. Technical Assistant (Electromed)	1				1
111.	Sr. Technical Assistant (Lab)	4	3			7
112.	Sr. Technical Assistant (Radiology)	1				1
113.	Clerk		7			7
114.	Computer Clerk		25			25
115.	Driver - 2	1	2	2		5
116.	Foreman	33				33
117.	Senior Receptionist	2				2
118.	Technical Assistant (Lab)		15			15
119.	Driver - 1		3			3
120.	Jr. Clerk		3			3
121.	Jr. Foreman	3				3
122.	Cook		1			1
123.	Health Aid - 2	19				19
124.	Health Aid - 3	41				41
125.	Health Aid - 4	28				28
126.	Helper	1	2			3
127.	Helper - 1		87	103		190
128.	Helper - 2	34				34
129.	Helper - 3	10				10
130.	Helper - 4	9				9
131.	Poojari			1		1
Total		**784**	**493**	**578**	**1**	**1856**

4. FACULTY MEMBERS

4.1 NUMBER OF FACULTY MEDICINE

4.1.1 NUMBER OF FACULTY MEMBERS IN FACULTY MEDICINE

DEPARTMENT	Designation	Total number (Nepali)
Anesthesiology & Critical Care	Professor	6
	Additional Professor	2
	Associate Professor	5
	Assistant Professor	2
Anatomy	Professor	1
	Professor (Non Medical)	1
	Additional Professor	3
	Associate Professor	2
	Assistant Professor	1
	Assistant Professor (Non Medical)	1
Biochemistry	Professor (Non Medical)	1
	Additional Professor	2
	Additional Professor (Non Medical)	1
	Associate Professor	1
	Assistant Professor (Non Medical)	6
Cardio Thoracic And Vascular Surgery (CTVS)	Associate Professor (Cardio Vascular Surgery)	1
	Associate Professor (CTVS)	1
Cardiology	Additional Professor	1
Dermatology & Venereology	Professor	1
	Additional Professor	2
	Associate Professor	1
Forensic Medicine	Professor	1
	Additional Professor	2
Gastro Enterology & Hepatology	Professor	1
	Associate Professor	1
Gastrointestinal Surgery(GI Surgery)	Professor (GI Surgery)	1
General Practice & Emergency Medicine	Professor	5
	Additional Professor	4
	Associate Professor	1
Internal Medicine	Professor	2
	Associate Professor	2
	Associate Professor (Non Medical)	1
	Assistant Professor	3
Microbiology & Infectious Diseases	Professor	2

DEPARTMENT	Designation	Total number (Nepali)
	Professor (Non Medical)	1
	Associate Professor	5
	Assistant Professor	1
	Assistant Professor (Non Medical)	1
Obstetrics & Gynaecology	Professor	3
	Additional Professor	1
	Associate Professor	8
	Assistant Professor	4
Ophthalmology	Professor	1
	Additional Professor	1
	Assistant Professor	1
Orthopaedics	Professor	5
	Additional Professor	1
	Associate Professor	5
	Assistant Professor	3
Otorhinolaryngology And Head & Neck Surgery	Professor	1
	Additional Professor	1
	Associate Professor	1
	Assistant Professor	1
Paediatrics & Adolescent Medicine	Professor	1
	Additional Professor	1
	Associate Professor	3
	Assistant Professor	3
Pathology	Professor	3
	Associate Professor	3
Pharmacology & Therapeutics	Additional Professor	1
	Additional Professor (Non Medical)	1
	Associate Professor	5
Physiology	Professor	2
	Professor (Non Medical)	1
	Additional Professor	1
	Associate Professor	2
	Associate Professor (Non Medical)	1
	Assistant Professor	1
	Assistant Professor (Non Medical)	2
Psychiatry	Professor	2
	Additional Professor	1
	Associate Professor	3

DEPARTMENT	Designation	Total number (Nepali)
	Assistant Professor	1
Pulmonary Critical Care And Sleep Medicine	Professor	1
Radio-diagnosis & Medical Imaging	Professor	1
	Associate Professor	3
	Assistant Professor	3
	Assistant Professor (Non Medical)	2
SPH & Community Medicine	Professor	5
	Additional Professor	1
	Associate Professor	1
	Associate Professor (Non Medical)	2
	Assistant Professor (Non Medical)	3
Surgery	Professor	2
	Associate Professor	8
	Assistant Professor	2
	Assistant Professor (Neurosurgery)	1
	Total	**186**

4.1.2 COLLEGE OF DENTAL SURGERY

SN	Department	Designation	Nepali
1	**Community Dentistry**	Professor (Dental)	
2		Additional Professor (Dental)	1
3		Associate Professor (Dental)	1
4		Assistant Professor (Dental)	1
1	**Conservative Dentistry & Endodontics**	Professor (Dental)	2
2		Additional Professor (Dental)	2
3		Associate Professor (Dental)	1
1	**Oral & Maxillofacial Surgery**	Professor (Dental)	1
2		Additional Professor (Dental)	2
3		Associate Professor (Dental)	1
1	**Oral Histology & Pathology**	Associate Professor (Dental)	
2		Assistant Professor (Dental)	1
1	**Oral Medicine & Radiology**	Additional Professor (Dental)	1
2		Associate Professor (Dental)	1
3		Assistant Professor (Dental))	1
1	**Orthodontics**	Additional Professor (Dental)	1
2		Associate Professor (Dental)	2
3		Assistant Professor (Dental)	1
1	**Pedodontics & Preventive Dentistry**	Professor (Dental)	1
2		Additional Professor (Dental)	1

3		Associate Professor (Dental)	2
1	**Periodontology & Oral Implantology**	Professor (Dental)	1
2		Additional Professor (Dental)	1
3		Associate Professor (Dental)	2
4		Assistant Professor (Dental)	1
1	**Prosthodontics**	Professor (Dental)	1
2		Additional Professor (Dental)	1
3		Associate Professor (Dental)	3
4		Assistant Professor (Dental))	1
Total	**36**	**1**	**37**

4.1.3 COLLEGE OF NURSING

SN	Department	Designation	Total Number
1	**Community Health Nursing**	Professor (Nursing)	2
2		Associate Professor (Nursing)	1
3		Assistant Professor (Nursing)	1
1	**Maternal Health Nursing**	Professor (Nursing)	1
2		Associate Professor (Nursing)	2
1	**Medical Surgical Nursing**	Professor (Nursing)	3
2		Associate Professor (Nursing)	1
1	**Paediatrics Health Nursing**	Professor (Nursing)	3
1	**Psychiatry Nursing**	Professor (Nursing)	1
2		Additional Professor (Nursing)	2
Total			**17**

4.2.1 NAME LIST OF FACULTY MEMBERS

4.2.1 FACULTY OF MEDICINE

SN	Employee Name	Designation	Posted In	Nationality	Service Type
Anaesthesiology & Critical Care					
1	Dr. Balkrishna Bhattarai	Professor		NEPALI	Permanent
2	Dr. Birendra Prasad Sah	Professor		NEPALI	Permanent
3	Dr. Krishna Pokharel	Professor	HOD	NEPALI	Permanent
4	Dr. Sindhu Khatiwada	Professor		NEPALI	Permanent
5	Dr. Ashish Ghimire	Professor		NEPALI	Permanent
6	Dr. Asish Subedi	Professor		NEPALI	Permanent
7	Dr. Siddhartha Koirala	Additional Professor		NEPALI	Permanent
8	Dr. Jagat Narayan Prasad	Additional Professor		NEPALI	Permanent
9	Dr. Parineeta Thapa	Associate Professor		NEPALI	Permanent
10	Dr. Purna Kala Gurung	Associate Professor		NEPALI	Permanent
11	Dr. Prakash Maden Limbu	Associate Professor		NEPALI	Permanent
12	Dr. Sabin Bhandari	Assistant Professor		NEPALI	Permanent
13	Dr. Yogesh Dhakal	Associate Professor		NEPALI	Permanent

SN	Employee Name	Designation	Posted In	Nationality	Service Type
14	Dr. Yojan Trikhatri	Associate Professor		NEPALI	Contract
15	Dr. Riya Singh	Assistant Professor		NEPALI	Contract
Anatomy					
1	Dr. Shamsher Shrestha	Professor (Non Medical)		NEPALI	Permanent
2	Dr. Sarun Koirala	Professor	HOD	NEPALI	Permanent
3	Dr. Gita Kumari Yadav	Additional Professor		NEPALI	Permanent
4	Dr. Sandip Shah	Additional Professor		NEPALI	Permanent
5	Dr. Prabhakar Yadav	Additional Professor		NEPALI	Permanent
6	Dr. Presha Baral	Associate Professor		NEPALI	Permanent
7	Dr. Churamani Pokhrel	Associate Professor		NEPALI	Permanent
8	Saroj Kumar Yadav	Assistant Professor (Non Medical)		NEPALI	Contract
9	Dr. Samyog Mahat	Assistant Professor		NEPALI	Contract
Biochemistry					
1	Dr. Madhab Lamsal	Professor (Non Medical)	HOD	NEPALI	Permanent
2	Dr. Rajendra Kumar Chaudhari	Additional Professor		NEPALI	Permanent
3	Dr. Seraj Ahmed Khan	Additional Professor		NEPALI	Permanent
4	Dr. Binod Kumar Lal Das	Additional Professor (Non Medical)		NEPALI	Permanent
5	Dr. Bijaya Mishra	Associate Professor		NEPALI	Permanent
6	Dr. Punam Jha	Assistant Professor (Non Medical)		NEPALI	Permanent
7	Kisun Deo Mehta	Assistant Professor (Non Medical)		NEPALI	Permanent
8	Shrijana Shrestha	Assistant Professor (Non Medical)		NEPALI	Permanent
9	Basanta Gelal	Assistant Professor (Non Medical)		NEPALI	Permanent
10	Santosh Kumar Yadav	Assistant Professor (Non Medical)		NEPALI	Permanent
11	Sunil Pandey	Assistant Professor (Non Medical)		NEPALI	Permanent
Cardio Thoracic And Vascular Surgery (CTVS)					
1	Dr. Lokesh Shekhar Jaiswal	Associate Professor (CTVS)	HOD	NEPALI	Permanent
2	Dr. Bijay Sah	Associate Professor (CTVS)		NEPALI	Contract
Cardiology					
1	Dr. Naveen Kumar Pandey	Additional Professor	HOD	NEPALI	Permanent
Dermatology & Venereology					
1	Dr. Sudha Saraf Agrawal	Professor		NEPALI	Permanent
2	Dr. Dhan Keshar Khadka	Additional Professor	HOD	NEPALI	Permanent
3	Dr. Nidhi Shah	Additional Professor		NEPALI	Permanent
4	Dr. Prajwal Pandey	Associate Professor		NEPALI	Permanent
Forensic Medicine					
1	Dr. Shivendra Jha	Professor	HOD	NEPALI	Permanent
2	Dr. Bikash Sah	Additional Professor		NEPALI	Permanent
3	Dr. Abhishek Karn	Additional Professor		NEPALI	Contract
Gastro Enterology & Hepatology					
1	Dr. Bickram Pradhan	Professor	HOD	NEPALI	Permanent
2	Dr. Denis Peeyush Sharma	Associate Professor		NEPALI	Contract
Gastrointestinal Surgery(GI Surgery)					
1	Dr. Shailesh Adhikary	Professor (GI Surgery)	HOD	NEPALI	Permanent

SN	Employee Name	Designation	Posted In	Nationality	Service Type
General Practice & Emergency Medicine					
1	Dr. Gyanendra Bahadur Malla	Professor		NEPALI	Permanent
2	Dr. Rabin Bhandari	Professor	HOD	NEPALI	Permanent
3	Dr. Masum Poudel	Professor		NEPALI	Permanent
4	Dr. Rajani Giri	Professor		NEPALI	Permanent
5	Dr. Ashok Kumar Yadav	Professor		NEPALI	Permanent
6	Dr. Pramendra Prasad Gupta	Additional Professor		NEPALI	Permanent
7	Dr. Ajay Kumar Yadav	Additional Professor		NEPALI	Permanent
8	Dr. Bijaya Devi Aryal	Additional Professor		NEPALI	Permanent
9	Dr. Ritesh Chaudhary	Additional Professor		NEPALI	Permanent
10	Dr. Vijay Kumar Shrivastav	Associate Professor		NEPALI	Permanent
Internal Medicine					
1	Dr. Sanjib Kumar Sharma	Professor		NEPALI	Permanent
2	Dr. Robin Maskey	Professor	HOD	NEPALI	Permanent
3	Dr. Bhupendra Shah	Associate Professor		NEPALI	Permanent
4	Dr. Surendra Kumar Uranw	Associate Professor (Non Medical)		NEPALI	Permanent
5	Dr. Soniya Dulal	Associate Professor		NEPALI	Performance
6	Dr. Avinas Rai	Assistant Professor		NEPALI	Contract
7	Dr. Ranjit Kumar Das	Assistant Professor		NEPALI	Contract
8	Dr. Sonali Nayak	Assistant Professor		NEPALI	Contract
Microbiology & Infectious Diseases					
1	Dr. Basudha Khanal	Professor		NEPALI	Permanent
2	Dr. Narayan Raj Bhattarai	Professor (Non Medical)		NEPALI	Permanent
3	Dr. Ratna Baral Bhattarai	Professor	HOD	NEPALI	Permanent
4	Dr. Abhilasha Sharma	Associate Professor		NEPALI	Permanent
5	Dr. Shraddha Siwakoti	Associate Professor		NEPALI	Permanent
6	Dr. Dristi Halwai	Associate Professor		NEPALI	Permanent
7	Dr. Rinku Sah	Associate Professor		NEPALI	Permanent
8	Dr. Pratima Shah	Associate Professor		NEPALI	Contract
9	Tejendra Kumar Pandit	Assistant Professor (Non Medical)		NEPALI	Permanent
10	Dr. Sadhana Gautam	Assistant Professor		NEPALI	Contract
Obstetrics & Gynaecology					
1	Dr. Pappu Rijal	Professor		NEPALI	Permanent
2	Dr. Achala Thakur	Professor	HOD	NEPALI	Permanent
3	Dr. Pritha Basnet	Professor		NEPALI	Permanent
4	Dr. Manisha Chhetry	Additional Professor		NEPALI	Permanent
5	Dr. Baburam Dixit (Thapa)	Associate Professor		NEPALI	Permanent
6	Dr. Ramesh Shrestha	Associate Professor		NEPALI	Permanent
7	Dr. Anamika Das	Associate Professor		NEPALI	Permanent
8	Dr. Manoj Kumar Sah	Associate Professor		NEPALI	Permanent

SN	Employee Name	Designation	Posted In	Nationality	Service Type
9	Dr. Surya Prasad Rimal	Associate Professor		NEPALI	Permanent
10	Dr. Tulasa Basnet	Associate Professor		NEPALI	Permanent
11	Dr. Deepa Shah	Associate Professor		NEPALI	Contract
12	Dr. Jyotsna Yadav	Associate Professor		NEPALI	Contract
13	Dr. Archana Kumari Sah	Assistant Professor		NEPALI	Contract
14	Dr. Binod Chaudhary	Assistant Professor		NEPALI	Contract
15	Dr. Dipendra Prasad Yadav	Assistant Professor		NEPALI	Contract
16	Dr. Nita Yadav	Assistant Professor		NEPALI	Contract
Ophthalmology					
1	Dr. Poonam Lavaju	Professor		NEPALI	Permanent
2	Dr. Sangeeta Shah	Additional Professor	HOD	NEPALI	Permanent
3	Dr. Samiksha Bhattarai	Assistant Professor		NEPALI	Contract
Orthopaedics					
1	Dr. Bikram Prasad Shrestha	Professor		NEPALI	Permanent
2	Dr. Guru Prasad Khanal	Professor		NEPALI	Permanent
3	Dr. Pashupati Chaudhary	Professor		NEPALI	Permanent
4	Dr. Raju Rijal	Professor	HOD	NEPALI	Permanent
5	Dr. Rajiv Maharjan	Professor		NEPALI	Permanent
6	Dr. Bishnu Pokharel	Additional Professor		NEPALI	Permanent
7	Dr. Amit Bikram Shah	Associate Professor		NEPALI	Permanent
8	Dr. Amit Limbu	Associate Professor		NEPALI	Permanent
9	Dr. Ashish Kumar Pandey	Associate Professor		NEPALI	Permanent
10	Dr. Jitendra Shah	Associate Professor		NEPALI	Permanent
11	Dr. Yam Bahadur Gurung	Associate Professor		NEPALI	Permanent
12	Dr. Rosan Prasad Shah Kalawar	Assistant Professor		NEPALI	Permanent
13	Dr. Pramod Baral	Assistant Professor		NEPALI	Permanent
14	Dr. Dipendra Mishra	Assistant Professor		NEPALI	Contract
Otorhinolaryngology And Head & Neck Surgery					
1	Dr. Shyam Thapa Chetri	Professor	HOD	NEPALI	Permanent
2	Dr. Deepak Paudel	Additional Professor		NEPALI	Permanent
3	Dr. Suban Bhandari	Assistant Professor		NEPALI	Contract
Paediatrics & Adolescent Medicine					
1	Dr. Nisha Keshary Bhatta	Professor		NEPALI	Permanent
2	Dr. Shipra Chaudhary	Additional Professor	HOD	NEPALI	Permanent
3	Dr. Lokraj Shah	Associate Professor		NEPALI	Permanent
4	Dr. Shyam Prasad Kafle	Associate Professor		NEPALI	Permanent
5	Dr. Arun Kumar Singh	Associate Professor		NEPALI	Permanent
6	Dr. Basant Rai	Assistant Professor		NEPALI	Permanent
7	Dr. Ramesh Prasad Das	Assistant Professor		NEPALI	Contract
8	Dr. Subash Basnet	Assistant Professor		NEPALI	Contract
Pathology					
1	Dr. Paricha Upadhyaya	Professor		NEPALI	Permanent

SN	Employee Name	Designation	Posted In	Nationality	Service Type
2	Dr. Anju Pradhan	Professor	HOD	NEPALI	Permanent
3	Dr. Punam Paudyal	Professor		NEPALI	Permanent
4	Dr. Yamuna Agrawal	Associate Professor		NEPALI	Permanent
5	Dr. Rajan Shah	Associate Professor		NEPALI	Permanent
6	Dr. Mona Dahal	Associate Professor		NEPALI	Contract
Pharmacology & Therapeutics					
1	Dr. Kadir Alam	Additional Professor (Non Medical)		NEPALI	Permanent
2	Dr. Deependra Prasad Sarraf	Additional Professor	HOD	NEPALI	Permanent
3	Dr. Kumud Chapagain	Associate Professor		NEPALI	Permanent
4	Dr. Ramayan Prasad Kushwaha	Associate Professor		NEPALI	Permanent
5	Dr. Dilli Sher Rai	Associate Professor		NEPALI	Permanent
6	Dr. Dipesh Raj Panday	Associate Professor		NEPALI	Permanent
7	Dr. Namita Kumari Mandal	Associate Professor		NEPALI	Contract
Physiology					
1	Dr. Nirmala Limbu	Professor	HOD	NEPALI	Permanent
2	Dr. Dilip Thakur	Professor		NEPALI	Permanent
3	Dr. Rita Khadka	Professor (Non Medical)		NEPALI	Permanent
4	Dr. Karishma Rajbhandari	Additional Professor		NEPALI	Permanent
5	Dr. Amrendra Jha	Associate Professor (Non Medical)		NEPALI	Permanent
6	Dr. Priza Subedi	Associate Professor		NEPALI	Permanent
7	Dr. Shital Gupta	Associate Professor		NEPALI	Permanent
8	Dil Maya Limbu	Assistant Professor (Non Medical)		NEPALI	Permanent
9	Devraj Yadav	Assistant Professor (Non Medical)		NEPALI	Contract
10	Dr. Rekha Limbu	Assistant Professor		NEPALI	Contract
Psychiatry					
1	Dr. Baikuntha Raj Adhikari	Professor		NEPALI	Permanent
2	Dr. Dhana Ratna Shakya	Professor	HOD	NEPALI	Permanent
3	Dr. Rinku Gautam Joshi	Additional Professor		NEPALI	Permanent
4	Dr. Madhur Basnet	Associate Professor		NEPALI	Permanent
5	Dr. Sanjeev Kumar Mishra	Associate Professor		NEPALI	Permanent
6	Dr. Suraj Nepal	Associate Professor		NEPALI	Permanent
7	Dr. Suren Limbu	Assistant Professor		NEPALI	Permanent
Pulmonary Critical Care And Sleep Medicine					
1	Dr. Narendra Bhatta	Professor	HOD	NEPALI	Permanent
2	Dr. Augraj Uprety	Assistant Professot		NEPALI	Permanent
Radio-diagnosis & Medical Imaging					
1	Dr. Mukesh Kumar Gupta	Professor	HOD	NEPALI	Permanent
2	Dr. Nishant Mishra	Associate Professor		NEPALI	Permanent
3	Dr. Pratima Kumari Shah	Associate Professor		NEPALI	Permanent
4	Dr. Kapil Adhikari	Associate Professor		NEPALI	Contract
5	Ranjit Kumar Jha	Assistant Professor (Non Medical)		NEPALI	Permanent

SN	Employee Name	Designation	Posted In	Nationality	Service Type
6	Dr. Sapana Koirala	Assistant Professor		NEPALI	Performance
7	Dr. Dip Sundar Limbu	Assistant Professor		NEPALI	Contract
8	Dr. Gauri Mukhiya	Assistant Professor		NEPALI	Contract
SPH & Community Medicine					
1	Dr. Anup Ghimire	Professor	Chief & HOD	NEPALI	Permanent
2	Dr. Deepak Kumar Yadav	Professor		NEPALI	Permanent
3	Dr. Ram Bilakshan Sah	Professor		NEPALI	Permanent
4	Dr. Samyog Uprety	Professor		NEPALI	Permanent
5	Dr. Suman Bahadur Singh	Professor		NEPALI	Permanent
6	Dr. Vijay Kumar Khanal	Additional Professor		NEPALI	Permanent
7	Birendra Kumar Yadav	Associate Professor (Non Medical)		NEPALI	Permanent
8	Dharanidhar Baral	Associate Professor (Non Medical)		NEPALI	Permanent
9	Dr. Khem Raj Sharma	Associate Professor		NEPALI	Permanent
10	Dr. Sailesh Bhattarai	Assistant Professor (Non Medical)		NEPALI	Permanent
11	Avaniendra Chakravartty	Assistant Professor (Non Medical)		NEPALI	Permanent
12	Gyanu Nepal	Assistant Professor (Non Medical)		NEPALI	Permanent
Surgery					
1	Dr. Rakesh Kumar Gupta	Professor		NEPALI	Permanent
2	Dr. Suresh Prasad Sah	Professor	HOD	NEPALI	Permanent
3	Dr. Rikesh Jung Karkee	Associate Professor		NEPALI	Permanent
4	Dr. Sarada Khadka	Associate Professor		NEPALI	Permanent
5	Dr. Abhijeet Kumar	Associate Professor		NEPALI	Permanent
6	Dr. Rajesh Prasad Sah	Associate Professor		NEPALI	Permanent
7	Dr. Bhawani Khanal	Associate Professor		NEPALI	Performance
8	Dr. Alok Dahal	Associate Professor		NEPALI	Contract
9	Dr. Samir Chaudhary	Associate Professor		NEPALI	Contract
10	Dr. Vijay Shrestha	Associate Professor		NEPALI	Contract
11	Dr. Nirmal Prasad Sah	Assistant Professor		NEPALI	Permanent
12	Dr. Dinesh Nalbo	Assistant Professor		NEPALI	Contract
13	Dr. Prakash Chandra Adhikari	Assistant Professor (neurosurgery)		NEPALI	Contract

4.2.2 NAME LIST OF FACULTY MEMBERS: COLLEGE OF DENTAL SURGERY

SN	Employee Name	Designation	Posted In	Nationality	Service Type
Community Dentistry					
1	Dr. Ashish Shrestha (A)	Professor (Dental)		NEPALI	Permanent
2	Dr. Tarakant Bhagat	Additional Professor (Dental)	HOD	NEPALI	Permanent
3	Dr. Santosh Kumari Agrawal	Associate Professor (Dental)		NEPALI	Contract
4	Dr. Ujwal Gautam	Assistant Professor (Dental)		NEPALI	Contract
Conservative Dentistry & Endodontics					

SN	Employee Name	Designation	Posted In	Nationality	Service Type
1	Dr. Navin Agrawal	Professor (Dental)	Chief & HOD	NEPALI	Permanent
2	Dr. Mannu Vikram	Professor (Dental)		NEPALI	Permanent
3	Dr. Vimmi Singh	Additional Professor (Dental)		NEPALI	Permanent
4	Dr. Ashok Ayer	Additional Professor (Dental)		NEPALI	Permanent
5	Dr. Arbind Rai	Associate Professor (Dental)		NEPALI	Permanent
Oral & Maxillofacial Surgery					
1	Dr. Mehul Jaisani Bohara	Professor (Dental)		NEPALI	Permanent
2	Dr. Ashok Dongol	Additional Professor (Dental)	HOD	NEPALI	Permanent
3	Dr. Pradeep Acharya	Additional Professor (Dental)		NEPALI	Permanent
4	Dr. Anjani Kumar Yadav	Associate Professor (Dental)		NEPALI	Permanent
Oral Histology & Pathology					
1	Dr. Shashi Keshwar	Associate Professor (Dental)	In-Charge	INDIAN	Contract
2	Dr. Neetu Jain	Assistant Professor (Dental)		NEPALI	Contract
Oral Medicine & Radiology					
1	Dr. Iccha Kumar Maharjan	Additional Professor (Dental)	HOD	NEPALI	Permanent
2	Dr. Pragya Regmee	Associate Professor (Dental)		NEPALI	Contract
3	Dr. Abhinaya Luitel	Assistant Professor (Dental)		NEPALI	Contract
Orthodontics					
1	Dr. Rajesh Gyawali	Additional Professor (Dental)	HOD	NEPALI	Permanent
2	Dr. Prabhat Ranjan Pokharel	Associate Professor (Dental)		NEPALI	Permanent
3	Dr. Jamal Giri	Associate Professor (Dental)		NEPALI	Permanent
4	Dr. Avinash Chaudhary	Assistant Professor (Dental)		NEPALI	Contract
Pedodontics & Preventive Dentistry					
1	Dr. Bandana Koirala	Professor (Dental)		NEPALI	Permanent
2	Dr. Mamta Dali	Additional Professor (Dental)	HOD	NEPALI	Permanent
3	Dr. Sneha Shrestha	Associate Professor (Dental)		NEPALI	Permanent
4	Dr. Gajendra Birajee	Associate Professor (Dental)		NEPALI	Contract
Periodontology & Oral Implantology					
1	Dr. Shivalal Sharma (khanal)	Professor (Dental)		NEPALI	Permanent
2	Dr. Sajeev Shrestha	Additional Professor (Dental)	HOD	NEPALI	Permanent
3	Dr. Pujan Acharya	Associate Professor (Dental)		NEPALI	Contract
4	Dr. Khushbu Adhikari	Associate Professor (Dental)		NEPALI	Contract
5	Dr. Shweta Agrawal	Assistant Professor (Dental)		NEPALI	Contract
Prosthodontics					
1	Dr. Pramita Suwal	Professor (Dental)		NEPALI	Permanent
2	Dr. Prakash Kumar Parajuli	Additional Professor (Dental)	HOD	NEPALI	Permanent
3	Dr. Arati Sharma	Associate Professor (Dental)		NEPALI	Permanent
4	Dr. Bishal Babu Basnet	Associate Professor (Dental)		NEPALI	Permanent
5	Dr. Indra Kumar Limbu	Associate Professor (Dental)		NEPALI	Permanent
6	Dr. Meena Kumari Mishra	Assistant Professor (Dental)		NEPALI	Contract

4.2.3 NAME LIST OF FACULTY MEMBERS: COLLEGE OF NURSING

SN	Employee Name	Designation	Posted In	Nationality	Service Type
Community Health Nursing					
1	Dr. Tara Shah	Professor (Nursing)	HOD	NEPALI	Permanent
2	Rambha Sigdel (Niraula)	Associate Professor (Nursing)		NEPALI	Permanent
3	Dewa Adhikari (Rijal)	Assistant Professor (Nursing)		NEPALI	Permanent
Maternal Health Nursing					
1	Nirmala Devi Baral	Professor (Nursing)	HOD	NEPALI	Permanent
2	Gayatri Rai	Associate Professor (Nursing)		NEPALI	Permanent
3	Kriti Chaudhary	Associate Professor (Nursing)		NEPALI	Permanent
Medical Surgical Nursing					
1	Dr. Ram Sharan Mehta	Professor (Nursing)		NEPALI	Permanent
2	Pushpa Parajuli	Professor (Nursing)	HOD	NEPALI	Permanent
3	Gayanand Mandal	Professor (Nursing)		NEPALI	Permanent
4	Erina Shrestha	Associate Professor (Nursing)		NEPALI	Contract
Paediatrics Health Nursing					
1	Ramanand Chaudhary	Professor (Nursing)	Chief	NEPALI	Permanent
2	Basant Kumar Karn	Professor (Nursing)		NEPALI	Permanent
3	Upendra Yadav	Professor (Nursing)	HOD	NEPALI	Permanent
Psychiatry Nursing					
1	Sami Lama	Professor (Nursing)		NEPALI	Permanent
2	Nirmala Pradhan	Additional Professor (Nursing)	HOD	NEPALI	Permanent
3	Kriti Thapa	Additional Professor (Nursing)		NEPALI	Permanent

4.2.4 NAME LIST OF SENIOR RESIDENT/LECTURER

S.No	Employee Name	Designation
	Dermatology & Venereology	
1	Dr. Aliza Paudyal	Sr. Resident/lecturer
	Forensic Medicine	
1	Dr. Sarmistha Dhoubhadel	Sr. Resident/lecturer
	General Practice & Emergency Medicine	
1	Dr. Abhishek Kumar Jha	Sr. Resident/lecturer
2	Dr. Jyoti Kumari Yadav	Sr. Resident/lecturer
3	Dr. Mrikchhya Ghimire	Sr. Resident/lecturer
	Internal Medicine	
1	Dr. Navin Kumar Sah	Sr. Resident/lecturer
2	Dr. Pradip Katuwal	Sr. Resident/lecturer
	Obstetrics & Gynaecology	
1	Dr. Miki Shah	Sr. Resident/lecturer
2	Dr. Noor Jahan	Sr. Resident/lecturer
3	Dr. Shrijana Chaudhary	Sr. Resident/lecturer
	Ophthalmology	
1	Dr. Farinda Kumar Gurung	Sr. Resident/lecturer
2	Dr. Namrata Jha	Sr. Resident/lecturer
	Oral Histology & Pathology	
1	Dr. Saraswoti Khadka	Sr. Resident/lecturer
2	Dr. Toniya Raut	Sr. Resident/lecturer

S.No	Employee Name	Designation
	Oral Medicine & Radiology	
1	Dr. Akunchan Shreshta	Sr. Resident/lecturer
	Orthodontics	
1	Dr. Samikshya Sangroula	Sr. Resident/lecturer
	Paediatrics & Adolescent Medicine	
1	Dr. Lalan Prasad Rauniyar	Sr. Resident/lecturer
2	Dr. Sagun Khanal	Sr. Resident/lecturer
	Pathology	
1	Dr. Aman Thakur	Sr. Resident/lecturer
2	Dr. Binu Rimal	Sr. Resident/lecturer
	Periodontology & Oral Implantology	
1	Dr. Savvy Pokhrel	Sr. Resident/lecturer
	Psychiatry	
1	Dr. Aswin Kumar Dawadi	Sr. Resident/lecturer
	Radio-diagnosis & Medical Imaging	
1	Dr. Amit Sinha	Sr. Resident/lecturer
2	Dr. Milan Sigdel	Sr. Resident/lecturer
3	Dr. Nabin Chaudhary	Sr. Resident/lecturer
4	Dr. Roshan Kumar Shah	Sr. Resident/lecturer
	Surgery	
1	Dr. Aakash Giri	Sr. Resident/lecturer
2	Dr. Bikash Kumar Sah	Sr. Resident/lecturer
3	Dr. Parbatraj Regmi	Sr. Resident/lecturer
4	Dr. Prabej Alam	Sr. Resident/lecturer
5	Dr. Ranjit Kumar Yadav	Sr. Resident/lecturer
6	Dr. Vijay Pratap Sah	Sr. Resident/lecturer

5. OFFICE OF THE DEAN (ACADEMICS)

5.1 ACADEMIC ADMINISTRATION

MEMBERS:

Prof. Dr. Anup Ghimire	**:** Dean
Dr. Vimmi Singh	**:** Assistant Dean
Mr. Prakash Shrestha	: Deputy Manager
Mr. Uttam Khadka	: Section Officer
Md. Saidur Rahaman	: Section Officer
Mr. Sanjeet Kumar Dass	: Senior Administrative Assistant
Mr. Sandeep Khanal	: Senior Administrative Assistant
Ms. Kamala Dhakal	: Clerk
Mr. Laxman Adhikari	: Senior Foreman
Ms. Sita Paudel	: Senior Foreman
Mr. Padam Ghimire	: Helper (Level 5)
Ms. Sujita Pokharel	: Helper (Level 1)
Mr. Mohan LalLimbu	: Helper (Level 1)

1. ACADEMIC ADMINISTRATION PROFILE

Vision, Mission and Core Functions

Academic Administration's whole effort is to concentrate on achieving the core academic objectives of this institute through academic strategy and planning, educational policy implementation and monitoring student administration and academic support to the Faculty of Medicine, College of Dental Surgery, College of Nursing and School of Public Health, Academic Programs Of Allied Health Sciences, Research Committee, Institutional Review Committee (IRC), Teaching Program Implementation Committees (TPIC) and other Academic Core Groups, committees, subcommittees, units etc.

Our students are enrolled after a rigorous selection process (we presume their full potential for academic achievement). The Office of the Dean is determined to provide students with an atmosphere in which they can realize their potential. They are treated as active participants in the teaching-learning process and have ample opportunities to give vent to their originality, creativity and urge for self- learning.

The overall academic responsibility of the Institute lies with the Rector, directly supported by the Dean (Academics), Dean (Examinations) and Dean (Research). The Dean (Academics) is supported by the Assistant Dean (Academics), Coordinators, Officers and their team in all academic activities. The team is responsible for implementation of the entire academic program that supports the on-course administration of students.

With the formation and operation of the Medical Education Commission under the provision of the Constitution of Nepal 2072, all the related activities for conducting entrance examinations for the selection of candidates will be the sole responsibility of the commission. BPKIHS now receives the selected candidates through the Medical Education Commission for admission into undergraduate, postgraduate and super specialty programs.

The Office of the Dean promotes excellence in teaching and learning, inquiry and service in the context of the diverse educational environment of the Institute. It supports and provides adequate resources for the scholarly, creative and professional development of its faculty. It also helps to foster collaborations that address the educational and scientific development needs of the Institute.

There is a hostel management committee for implementing rules and regulations regarding hostels as mentioned in Hostel Directives 2070. The Chief Hostel warden and Hostel Wardens are responsible for activities related to the girls and boys Hostel Administration of the students. There is a hostel administration under the umbrella of Academic Administration to look after the administration of all hostels and students' affairs.

A separate Students Research Wings has been started to promote research culture in students and to fulfill requirements of research activities as per the curriculum.

A 'Student Physical and Mental Health wellbeing Unit' has also been started with the objective of strengthening and promoting students physical and mental health wellbeing.

2. ACADEMIC ACTIVITIES

1. MBBS Curriculum Review Workshop: 9-11 December 2025
2. M. Sc. Nursing Curriculum Review Workshop: 14-15 December 2025
3. Admission of Undergraduate Students for 2026
   - MBBS 100
   - BDS 50
   - B.Sc. Nursing 50
   - B.Sc. MLT 20
   - B.Sc. MIT 5
   - BMS 7
4. Admission of Post Graduate Students for 2026
   - MD/MS/MDHA 115
   - MDS 23
   - MPH 15
   - M.Sc. Nursing 21
   - M.Sc. Basic Medical Sciences 4
5. 29thAnnual Scientific Programme (ASP) – 2025: "Translating Education and Healthcare Through Research", 26-28 November, 2025
6. Academic Appointments:
   Dean Examinations: Prof. Dr. Anju Pradhan
   Dean Research: Prof. Dr. Ashish Subedi
   Assistant Dean Research: Dr. Jamal Giri
   Convener, Health Profession Education Department: Prof. Dr. Paricha Upadhyay
7. MOU between BPKIHS and Balaji Vidyapeeth Deemed University, Pondichery India: 11 December 2025.
8. New Academic Programmes started from this Academic Year:
   - DM Oncology
   - DM, Critical Care Medicine
   - Fellowship in Gynaecological Oncology

Table 1: Academic Programs at BPKIHS as of 2082-2083 (Students Status of BPKIHS)

Programmes	Nepali	Foreign	Total
MBBS (From: 2021)	556	44	600
B.Sc. Nursing (From: 2022)	219	-	219
BDS (From: 2021)	299	-	299
B.Sc. MIT (From: 2022)	42	-	42
B.Sc. MLT (From: 2022)	66	-	66
MD/MS (From: 2024)	286	25	311
M.Sc. Nursing (From: 2025)	35	-	35
M.Sc. Basic Science (From: 2024)	12	-	12
MDHA (From: 2024)	4	-	4
MPH (From: 2025)	30	-	30
MDS (From: 2024)	63	-	63
DM/MCh (From: 2023)	22	-	22
Fellowship	-	-	-
BMS (From: 2024)	29	-	29
B.Sc. Perfusion Technology (From: 2024)	2	-	2
Interns (MBBS) (Batch-2019)	81	22	103
Interns (BDS) (Batch-2019)	37	1	38
Total	**1227**	**48**	**1275**

Table: 2
The Annual Intake of Students in different academic Programs since 1994 to 2026

Year	MBBS	BDS	B.Sc. (N)	MD/ MS	M.Sc.	OT &AS	B.Sc. MIT	B.Sc. MLT	CN	MPH	MDS	PhD	B.Sc. OT & AS	BN	BMS	BPT	DM/ MCh	Fellowship	MD HA	Grand Total
1994	30	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	**30**
1995	30	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	**30**
1996	30	-	20	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	**50**
1997	40	-	10	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	**50**
1998	40	-	9	-	-	-	-	-	-	-	-	-	-	-	-		-	-	-	**49**
1999	50	40	8	14	6	-	-	-	40	-	-	-	-	-	-		-	-	-	**158**
2000	55	40	8	23	-	10	-	-	40	-	-	-	-	-	-		-	-	-	**176**
2001	55	40	10	29	6	10	6	-	40	-	-	-	-	-	-		-	-	-	**196**
2002	55	40	10	47	6	5	6	-	40	-	-	-	-	-	-		-	-	-	**209**
2003	75	40	15	59	6	10	6	-	40	-	-	-	-	-	-		-	-	-	**251**
2004	75	40	20	45	6	10	6	-	40	-	-	-	-	-	-		-	-	-	**242**
2005	100	40	20	45	12	10	6	10	40	10	-	-	-	-	-		-	-	-	**293**
2006	100	40	20	65	8	-	8	10	40	-	-	-	-	-	-		-	-	-	**291**
2007	100	40	20	57	5	-	8	10	40	10	-	-	-	-	-		-	-	-	**290**
2008	100	31	20	57	9	-	7	10	40	10	-	-	4	-	-		-	-	-	**288**
2009	100	40	19	60	9	-	-	10	40	10	-	-	4	-	-		-	-	-	**292**
2010	100	40	20	63	10	-	-	10	40	10	-	-	-	-	-		-	-	-	**293**
2011	100	41	25	72	14	-	-	10	40	10	10	2	-	-	-		-	-	-	**324**

Year	MBBS	BDS	B.Sc. (N)	MD/ MS	M.Sc.	OT &AS	B.Sc. MIT	B.Sc. MLT	CN	MPH	MDS	PhD	B.Sc. OT & AS	BN	BMS	BPT	DM/ MCh	Fellowship	MD HA	Grand Total
2012	100	40	30	74	22	-	10	10	40	10	12	-	-	25	-		-	-	-	**373**
2013	120	50	30	94	25	-	10	10	40	10	10	-	-	31	-		7	3	1	**441**
2014	120	56	30	94	21	-	10	9	40	13	13	-	-	-	-		8	-	1	**415**
2015	148	60	30	52	24	-	10	-	-	10	10		-	-	-		-	2	-	**346**
2016	110	59	30	93	25	-	10	-	-	15	11	-	-	-	-		-	-	-	**353**
2017	100	48	39	73	26	-	9	-	-	15	13	-	-	-	-		2	-	1	**326**
2018	100	50	27	106	24	-	7	-	-	15	16	-	-	-	-		4	-	1	**350**
2019	100	36	38	108	28	-	8	-	-	15	18	1	-	-	-		8	1	-	**361**
Due to COVID-2019																				
2021	100	50	34	101	26	-	3	9	-	15	18	-	-	-	19	1	-	5	-	**381**
2022	100	50	39	99	26	-	10	9	-	15	18	-	-	-	18	-	12	-	1	**397**
2023	100	50	40	97	29	-	10	8	-	15	19	-	-	-	15	1	8	2	1	**395**
2024	100	50	40	87	25	-	7	9	-	15	18	-	-	-	10	2	7		2	**372**
2025	100	49	50	111	18		10	20	-	15	22				11		7			**413**
2026	100	50	50	113	25	-	5	20	-	15	23	-	-	-	7	-	-	-	2	**410**
Total	**2733**	**1210**	**761**	**1938**	**441**	**55**	**172**	**174**	**640**	**253**	**231**	**3**	**8**	**56**	**80**	**4**	**63**	**13**	**10**	**8845**

Table: 3
Passing out of the students from BPKIHS (Year wise 2000-2026)

Year	MBBS	BDS	B.Sc. (N)	MD/MS	M.Sc.	OT & AS	B.Sc. MIT	B.Sc. MLT	CN	MPH	MDS	B.Sc. OT& AS	Fellow	BN	BPT	MDHA	PhD	BMS	DM/ MCh	Total
2000	29	-	19	-	-	-	-	-	-	-	-	-	-	-		-	-		-	**48**
2001	27	-	11	-	-	-	-	-	-	-	-	-	-	-		-	-		-	**38**
2002	28	-	9	11	6	8	-	-	38	-	-	-	-	-		-	-		-	**100**
2003	43	-	7	24	-	10	-	-	40	-	-	-	-	-		-	-		-	**124**
2004	37	-	8	27	5	4	6	-	38	-	-	-	-	-		-	-		-	**125**
2005	46	40	10	48	6	8	6	-	33	-	-	-	-	-		-	-		-	**197**
2006	54	38	10	58	6	8	6	-	46	-	-	-	-	-		-	-		-	**226**
2007	52	36	14	44	6	9	6	-	39	10	-	-	-	-		-	-		-	**216**
2008	51	37	20	42	12	1	3	10	41	-	-	-	-	-		-	-		-	**217**
2009	74	39	20	58	6	-	5	-	39	10	-	-	-	-		-	-		-	**251**
2010	72	42	19	53	6	-	7	19	38	9	-	-	-	-		-	-		-	**265**
2011	98	40	19	50	8	-	8	10	42	11	-	4	-	-		-	-		-	**290**
2012	100	40	20	56	9	-	-	10	39	10	-	4	-	-		-	-		-	**288**
2013	97	40	17	65	10	-	-	9	39	10	-	-	-	-		-	-		-	**287**
2014	94	30	21	70	13	-	-	10	41	10	9	-	-	22		-	-		-	**320**
2015	106	33	24	75	20	-	9	10	40	10	12	-	3	32		-	-		-	**374**
2016	96	44	28	87	23	-	1	-	40	13	10	-	-	1		1	1		6	**351**
2017	87	36	30	91	37	-	10	9	37	10	13	-	2	1		1	1		8	**373**
2018	108	38	28	56	22	-	10	9	3	13	10	-	-	-		-	-		1	**298**

Year	MBBS	BDS	B.Sc. (N)	MD/MS	M.Sc.	OT & AS	B.Sc. MIT	B.Sc. MLT	CN	MPH	MDS	B.Sc. OT& AS	Fellow	BN	BPT	MDHA	PhD	BMS	DM/ MCh	Total
2019	106	50	30	84	28	-	9	-	-	13	10	-	-	-		-	-		-	**330**
2020	123	52	-	85	9	-	-	-	-	16	12	-	-	-		1	-		2	**300**
2021	138	57	29	102	24	-	10	-	-	15	17	-	1	-		1	-		4	**398**
2022	4	-	39	102	27	-	10	-	-	-	17	-	-	-		-	-		8	**207**
2023	116	61	28	11	26	-	6		-	14	2	-	5	-						**269**
2024	103	40	37	99	26	-	9		-	15	18	-		-						**347**
2025	100	40	34	95	23		3	10		14	16				1			36	12	**384**
2026	103	37	34	89	15		3	9		15	17		2		1	1		9	12	**347**
Total	**2092**	**870**	**565**	**1582**	**373**	**48**	**127**	**115**	**633**	**218**	**163**	**8**	**13**	**56**	**2**	**5**	**2**	**45**	**53**	**6970**

Guest Lectures

S. N.	Topics	Speaker/Presenter	Date
1	Video Gait Analysis	**Dr. Geraldo Decoulon and Dr. Stephane Armand** Geneva University Hospital (HUG), Switzerland	20th November, 2025
2	Life Skills	**Mr. Krishnahari Banskota** Former Finance Secretary Government of Nepal	22nd July 2026

Continued Medical Education (CME) **Coordinator:- Prof. Dr. Sarun Koirala**

S. N.	Topics	Speaker/Presenter/Organizer	Date
CME- Antimicrobial Resistance (AMR) Update			
1	AMR Overview	**Dr. Shraddha Siwakoti** *(Dept. of Microbiology)*	20th November 2025
2	Antimicrobial Utilization BPKIHS: Experiences from Point Prevalence Survey (PPS)	**Prof. Dr. Basudha Khanal** *(Dept. of Microbiology)*	
3	**Integrated Stewardship:** Antimicrobial Stewardship (AMS) and Diagnostic Stewardship (DS) Infection prevention control	**Prof. Dr. Basudha Khanal** *(Dept. of Microbiology)* **Prof. Dr. Ratna Baral** *(Dept. of Microbiology)*	
4	Management of Multi-Drug Resistant Organism (MDRO)	**Prof. Dr. Robin Maskey** *(Dept. of Internal Medicine)* **Dr. Sabin Bhandari** *(Dept. of Anesthsiology& Critical Care)*	
5	Advances in Diagnostics for AMR: Experience	**Prof. Dr. Narayan Raj Bhattarai** *(Dept. of Microbiology)*	
6	Digital Literacy Training for Mastering Academic AI Productivity	Organized by **AS Solution**, Biratnagar	5th April, 2026

Elective Postings at BPKIHS from Different Foreign Universities

S. No.	University/Country	Number of Student	Department
1	University of Plymouth, UK	1	Psychiatry
2	University of Heidelberg, German	1	Obstetrics &Gynaecology
3	Hannover Medical School, German	2	Internal Medicine

S. No.	University/Country	Number of Student	Department
4	Maastricht University, Netherlands	9	SPH & CM
5	Adams School of Dentistry, USA	4	Oral & Maxillofacial Surgery Oral Medicine & Radiology Prosthodontics Public Health and Pedodontics
6	University of East Anglia, UK	1	Pediatrics and Adolescents Medicine
	Total	**18**	

Observership postings at BPKIHS from different colleges/universities

S. No.	University/Country	Number of Student	Department
1	College of Medical Sciences, Teaching Hospital	1	Anesthesia (Critical Care Medicine)
2	Cafodat Collage, Purbanchal University	1	Dietetics
3	Birat Medical College	2	Anesthesia (Critical Care Medicine)
4	TU, Institute of Sciences & Technology Central Campus of Technology, Dharan	7	Dietetic
5	Hospital for Advanced Medicine & Surgery (HAMS)	1	Anesthesia (ICU)
	Total	**12**	

3. INFRASTRUCTURE & EQUIPMENT REQUIREMENT

1. AC in all lecture theatres
2. Digital Board in all Lecture Theatres
3. Additional lecture theatres, laboratories and examination halls

4. SWOT ANALYSIS

STRENGTHS

- A Self governing, self sustained Health Sciences Deemed University of Nepal
- Integrated, Partially Problem based, Need based, Students Centered pioneer Community Oriented curriculum with continuous updates and revisions.
- One and only Non-practicing Health Sciences Institute of Nepal
- Availability of adequate Infra structures including 700 Acres of land with separate Medical, Dental and Nursing Academic and hospital buildings, OPD, Wards, ICU/CCU/NICU, OT, Lecture Halls, Laboratories, radiology and other diagnostic facilities, equipments, instruments etc.
- Under Graduate & Post Graduate Degrees awarded by the BPKIHS are widely recognized by the Nepal Medical Council, the National Medical Council of India (former MCI), and the Sri Lanka Medical Council. The institute is also listed in the World Directory of Medical Schools and with a Global Alumni network allowing graduates to sit for international screening and licensing examinations worldwide.

WEAKNESS

- Problem in maintaining proper Academic records of students due to lack of Academic Information System(AIS)
- Lack of resources for Appointment and Retention of Super specialty faculty
- Inadequate funding for Faculty research work
- Insufficient repair and maintenance of Academic Buildings including hostels due to financial constraint.

OPPORTUNITY

- Attract National and International Students for its unique community oriented Academic Programmes including Elective Posting and Observer ship.
- Collaboration with national and international organizations for research on impactful health issues of this region.
- To explore possibilities and start academic programmes like M.Sc MLT, Bachelor in Physiotherapy, Bachelor in Public Health, Bachelor in Pharmacy etc.
- Expansion of the Super-specialty academic programs and services of BPKIHS.
- Strengthening peripheral government hospitals by providing health manpower following the Institute's teaching district concept.
- To be an Institute of National Importance.

THREATS

- Economic challenges and its adverse effects.
- Reduction of UG seats lead to financial threats.
- Unstable turnover of faculty and staff.
- Adverse news spread about BPKIHS.
- Policies of Government regulatory bodies regarding health sciences education in Nepal.

5. PLAN OF ACTION:

- Organize 14th Convocation of BPKIHS.
- Organize 28th Academic Committee Meeting.
- Start Biometric Attendance for UG and PG Students.
- Develop software and digitalize the student's profile.
- Maintain up to date records of students' academic activities and the services to them during their tenure at BPKIHS and beyond.
- Update academic calendar of operation.
- Start Fellowship in Oncopathology.
- Training to an alternate staff for operating and updating online software (MEMIS) of the Medical Education Commission.
- Training for the administrative support staff working in the academic division: to provide training on office procedures and management, MIS, organization management etc. to optimally organize the division to function most efficiently.
- Development of a separate unit within the academic administration for efficient academic managerial works and the logistics related to foreign students for elective postings as well as visiting faculties and for ex-students.
- Promote and facilitate research works by the students and faculty members through the formation of an efficient research section as the Dean Research and Assistant Dean Research also have been appointed and discharged their duties related to research.
- Follow up for repair and maintenance of lecture halls.
- Construct cubicles in the academic division for the officials and repair of old filing rack sand procurement new racks for filling.
- Procure a paper shredder machine to destroy the old unused documents.

5.2 INSTITUTIONAL REVIEW COMMITTEE (IRC)

MEMBERS

Prof. Dr. Madhab Lamsal : Chairperson
Dr. Amrendra Jha : Member Secretary
Mr. Ashish Kumar Jha : Administrative Staff

The complete lists of current institutional review committee (IRC) members with their date of appointment and completion are as follows:

SN	Name of Members	Designation	Appointment	Completion
1.	Prof. Dr. Madhab Lamsal	Chairperson	26.03.2024	26.03.2027
2.	Dr. Amrendra Jha	Member Secretary	26.03.2024	26.03.2027
3.	Dr. Sandip Sah	Member	14.04.2024	14.04.2027
4.	Dr. Soniya Dulal	Member	19.04.2026	18.04.2029
5.	Dr. Abhishek Karn	Member	19.04.2026	18.04.2029

6.	Dr. Shyam Prasad Kafle	Member	19.04.2026	18.04.2029
7.	Dr. Dilli Sher Rai	Member	26.11.2025	25.11.2028
8.	Dr. Sajeev Shrestha	Member	14.04.2024	14.04.2027
9.	Dr. Abhilasha Sharma	Member	14.04.2024	14.04.2027
10.	Dr. Parineeta Thapa	Member	14.04.2024	14.04.2027
11.	Dr. Surendra Uranw	Member	14.04.2024	14.04.2027
12.	Dr. Mona Dahal	Member	14.04.2024	14.04.2027
13.	Ms. Erina Shrestha	Member	14.04.2024	14.04.2027
14.	Adv. Dhan Bahadur Bishwokarma	Member	19.04.2026	18.04.2029
15.	Dr. Rajendra Prasad Pokharel	Member	19.04.2026	18.04.2029

1. INSTITUTIONAL REVIEW COMMITTEE PROFILE

B.P. Koirala Institute of Health Sciences was established in 2049/2050 B.S. with the mandate to provide quality of research, medical education and state of the art services to the patients.

In 2056 B.S. the institute felt the need for a separate body to review the ethical issues associated with medical research. The first ethical review board, named as Ethical Committee, was established in the same year under the Chairmanship of the Rector, BPKIHS. Later on the board was named Institutional Ethical Review Board (IERB). In 2071 – 2072 B.S., as per the recommendation of Nepal Health Research Council (NHRC), the name of the Board was changed to Institutional Review Committee (IRC).

2. ACTIVITIES

- In 2025 – 2026 (17 July 2025 to 16 July 2026), the IRC received 361 research proposals/PG research proposals/case series, case reports and 331 proposals/protocol have been approved and the remaining 30 proposals/protocols are under review process.

The Committee Meetings were held regularly throughout the year to review the research proposals/protocols. The numerical details of the meetings are as follows:

SN	Date of the meetings	Research Proposals Approved	Thesis Protocol Approved	Case Reports/Case Series Approved	Endorsement Approved	Total Approved
1	Aug-04-2025	07	08			15
2	Aug-18-2025	14	07			21
3	Sept-02-2025			48		48
4	Sept-10-2025	04	21			25
5	Sept-23-2025	04	27			31
6	Sept-24-2025		38			38
7	Nov-23-2025	12	05			17

SN	Date of the meetings	Research Proposals Approved	Thesis Protocol Approved	Case Reports/Case Series Approved	Endorsement Approved	Total Approved
8	19-Jan-2026	30	02			32
9	12-Mar-2026	19				19
10	11-June-2026		15			15
11	12-June-2026	21				21
12	17 July 2025 to 16 July 2026 (UG Research Proposal)				49	49
Total		**111**	**123**	**48**	**49**	**331**

3. WORKSHOP ATTENDED

- On December 19, 2025, chairperson, member secretary, one member and administrative staff of IRC attended a one day workshop on orientation of Integrated Research Ethics Review Platform (IRERP) to submit new research proposals through the online IRERP portal.

4. ACHIEVEMENT

- The IRC continues the online submission of research proposals and reviews to promote digitization and storage systems. IRC also facilitated expedited review & other research by students as it started during Covid- 19. IRC will be continuing the development of digitization to submit and review research proposals.

5. PLAN OF ACTION:

- Institutional Review Committee (IRC), BPKIHS, has formally registered in the Integrated Research Ethics Review Platform (IRERP) is now the official system for the submission of new research proposals requiring ethical review (IRC/NHRC). Plan to submit All new proposals through IRERP
- Plan to conduct regular research and ethics training for reviewers and other faculty members.
- To explore the possibility of functioning in close coordination with the Research Section for better monitoring and evaluation of research.
- Plan to make digitalization of IRC official filing system.
- Plan to organize research networking by collaborating with the national and international agencies.
- Plan to become a member of SIDCER FERCAP foundation.

5.3 HOSTEL ADMINISTRATION

5.3.1 Undergraduate & Postgraduate Hostel Administration

MEMBERS

Prof. Dr. Shamsher Shrestha	: Chief Hostel Warden (UG & PG)
Dr. Samir Chaudhary	: Hostel Warden (UG)
Dr. Priza Subedi	: Hostel Warden (UG)
Mrs. Sapana Shrestha	: Hostel Warden (UG)
Mr. Rajan Prasad Koirala	: Senior Administration Assistant
Mr. Pratik Chaulagain	: Computer Clerk
Mr. Ram Kumar Shrestha	: Senior Foreman
Mr. Shiv Prasad Mandal	: Foreman
Mrs. Kusum Rai	: Helper
Mrs. Sita Sahi	: Helper
Mrs. Mani Rai	: Helper

1. HOSTEL ADMINISTRATION PROFILE

a. Vision and Mission

The Hostel Management Committee is entrusted with implementing the rules and regulations as stipulated in **Hostel Directives 2070 (UG)** and **2072 (PG)**. The wardens are responsible for the administration of both boys' and girls' hostels, ensuring smooth operation and discipline.

Supporting the wardens, **Mr. Rajan Prasad Koirala** and **Mr. Pratik Chaulagain** supervise hostel management and coordinate extracurricular activities, thereby strengthening student engagement and welfare.

b. Core Functions

The Hostel Administration is committed to:

- Providing accommodation to UG, PG students, and junior residents.
- Maintaining **cleanliness and hygiene** through scheduled cleaning and trained staff.
- Ensuring timely property maintenance, repairs, and regular inspections.
- Addressing student grievances promptly by forwarding them to the concerned departments.

Undergraduate & Postgraduate Hostels Details

Girls Hostel UG

S.N.	Hostel No	Hostel Type	Total Room	Capacity
1	3	Single Bed	112	112
2	4	Single Bed	112	112
3	7	Double Bed	90	180
4	8	Double Bed	102	204
				Capacity = 518

Boys Hostel UG

S.N.	Hostel No	Hostel Type	Total Room	Capacity
1	1	Single Bed	163	163
2	2	Single Bed	66	66
3	5	Double Bed	90	180
4	6	Double Bed	90	180
5	9	Single Bed	156	156
				Capacity = 739

PG hostels H Type

Hostel type	**Hostel number**	**Total rooms available**	**Capacity**
H - Type	H2.1	26	26
	H2.2	26	26
	H2.3	26	26
	H2.4	26	26
	H2.5	26	26
	H2.6	26	26
	H2.7	26	26
	H2.8	26	26
	H2.9	38	38
	H2.10	38	38
	H2.11	38	38
		Capacity = 322	Single 268×1 = 268 Double 54×2 = 108 Total Students = 376
OT & Allied Hostel and MPH Hostel			
OT & allied hostel	15	8	Single bed
	16	8	Single bed
	17	8	Single bed
	18	8	Single bed
	19	8	Single bed
MPH/MSc hostel	31	3	double bed
	32	9	double bed
	33	10	double bed
	34	9	double bed
	35	10	double bed
	36	9	double bed
		Capacity = 93	

Available Facilities

- 24-hour uninterrupted water supply with R/O filtration and electricity.
- Mess facilities ensure nutritious and hygienic meals.
- Sports amenities: Gym, Badminton, Basketball, Cricket, Table Tennis, Football, etc.

- 24-hour security services.
- Gym Hall and other recreational facilities.
- Electricity supply
- Cleaning and sanitation services
- Basic furniture and room amenities

2. PLAN OF ACTION

- Establishment of a **study room** within hostel premises.
- Strengthening security by installing **CCTV cameras** at all entrances and corridors.
- Replacement of aging **solar water systems** with modern installations.
- Introduction of **hostel management software** to maintain student records and inventory.
- To maintain the overall hostel related facilities(PG/UG), including addressing problems, roof leakage, duct and block related issues, and other general maintenance problems.
- Construction of **truss structures** in all MPH hostels.
- Construction of a **new boys' hostel** (30 rooms, 60 capacity).
- Construction of a **new girls' hostel** (30 rooms, 60 capacity).
- Construction of a **new H-Type PG hostel** (38 rooms, 38 capacity).

5.4 PHASE-I (MBBS) COORDINATOR

MEMBERS

Dr. Shital Gupta	Program Coordinator
Dr. Namita Kumari Mandal	Deputy Program Coordinator
Ms. Pooja Shrestha	Supporting Staff

NUMBER OF STUDENTS	:1st Year MBBS (2026 Batch): 100+3 repeater
	:2nd Year MBBS (2025 Batch): 97+2 repeater
	:2nd year MBBS (2024 Batch): 100 +2 repeater

1. PHASE-I (MBBS) OFFICE PROFILE

The Phase I MBBS curriculum, comprising the first and second years of the undergraduate medical program, is designed using an integrated organ-system–based approach. This curriculum is further strengthened through the incorporation of partial problem-based learning (PBL), early clinical exposure, and community-oriented educational experiences. A variety of teaching-learning modalities are employed to achieve the intended learning outcomes, including Structured Interactive Sessions (SIS), Laboratory Exercises (LABEX), Seminars (SEM), Unconventional Learning Exercises (UNCLE), Clinical Postings (CLIP), and Field Health Exercises.

The implementation and monitoring of the teaching program are overseen by the Teaching Program Implementation Committee (TPIC), which regularly convenes to review academic activities, ensure adherence to the curriculum, and facilitate continuous improvement in the teaching-learning process.

The academic session for the MBBS Batch 2026 (First Year) commenced on **26th February 2026**. For the MBBS Batch 2024 (Second Year), classes commenced on **19th February 2025**, while the academic session for the MBBS Batch 2025 (Second Year) began on **14th January 2026**. This annual report presents

a summary of the academic, co-curricular, and administrative activities undertaken by MBBS Batch 2026 (First Year) and MBBS Batches 2024 and 2025 (Second Year) up to **15 July 2026**. It highlights the key achievements, educational initiatives, and program implementation activities carried out during the reporting period.

2. ACADEMIC ACTIVITIES

ACADEMIC OVERVIEW OF THE 1ST YEAR MBBS PROGRAM (BATCH 2026)

The MBBS program for the Batch 2026 started with an informative "Orientation Program," spanning from the **26th February 2026 to 1st March 2026.** The teaching-learning activities for the 1st Year MBBS students were conducted in a traditional face-to-face mode.

The Laboratory Exercises (LABEXs) were organized into two distinct groups: Group A and Group B. In unit 1, one Problem-Based Learning (PBL) session was meticulously conducted to foster a dynamic approach to learning.

To engage the students in community-based learning, two Family Health Exercise (FHE) sessions took place on **23rd March and 18th May 2026**. Additionally, a 15 day Community Development Program (CDP) has been conducted from **5th to 18th April 2026**, within Unit '1'. Seeking to provide exposure to the clinical environment, our students actively participated in Clinical Postings (CLIP) lasting three hours each at the BPKIHS Hospital. **Eight** such sessions were conducted till **15th July 2026.**

Teaching learning activities of Batch 2026, which commenced from **2nd March 2026**, are presented in Table 1.

TABLE 1:

The teaching – learning activities of the various departments of the MBBS 1st Year (Batch 2026) 2026-27:

	Category		Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Pediatrics	Anesthesia	Psychiatry	Other Disciplines	Problem Based Learning
Unit '0' Batch 2026	SIS		34	9	22	21	20	29	7	5	-	-	-	5 CLIP	-
	LABEX	Group A	19	0	11	9	5	6	2 days (FHE) + 15days (CDP)	-	-	-	-		
		Group B	19	0	11	9	5	6		-	-	-	-		
Unit '1' Batch 2026	SIS		10	8	26	20	19	11	2	1	1	-	7	8 CLIP	2weeks
	LABEX	Group A	2	8	2	7	5	3	-	-	-	-	-		
		Group B	2	8	2	7	5	3		-	-	-	-		
Unit '2' Batch 2026	SIS		15	30	5	18	12	26	2	1	-	-	2	6 CLIP + 4 Clip Evaluation	2weeks
	LABEX	Group A	7	6	2	4	4	4	-	-	-	-	-		
		Group B	7	6	2	4	4	4		-	-	-	-		

ACADEMIC ACTIVITIES OF THE 2ND YEAR MBBS PROGRAM (BATCH 2024 & 2025)

The Academic journey of the 2nd Year of MBBS Batch 2024 commenced **on 19th February 2025** and Batch 2025 commenced on **14th January 2026**. All teaching-learning activities for these students occurred in the traditional physical mode.

Laboratory Exercises (LABEXs) were conducted in two groups (Group A and Group B) to facilitate effective learning and optimal utilization of available resources. The integrated organ-system–based curriculum was further strengthened through the successful implementation of five Problem-Based Learning (PBL) sessions, each conducted over one week to promote self-directed learning, critical thinking, and clinical problem-solving skills.

A total of **38 Clinical Posting (CLIP) sessions**, each of three hours' duration, were conducted to provide early clinical exposure and reinforce the application of basic medical sciences in clinical settings. Community-oriented learning was facilitated through **six Field Program (FIP) sessions** and **two Family Health Exercise (FHE),** enabling students to gain practical experience in community health and healthcare delivery.

By the end of the reporting period, the majority of the second-year curriculum had been successfully completed. The remaining components, namely Unit V & Unit VI (Multi-System Seminar) for MBBS Batch 2025, are in progress and scheduled for completion as per the academic calendar.

TABLE 2:
The teaching – learning activities of the various departments of the MBBS 2nd Year (Batch 2025) 2025-26:

	Category		Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Psychiatry	Obst./Gynae	Other Disciplines	Problem Based Learning
Unit '3' Batch 2025	**SIS**		16	11	25	16	13	9	2	-	-	-	14 CLIP	1 week
	LABEX	**Group A**	5	3	4	4	3	2	2days (FIP) + 2days (FHE)	-	-	-		
		Group B	5	3	4	4	3	2		-	-	-		
Unit '4' Batch 2025	**SIS**		17	25	10	22	11	15	1	2	-	-	4 CLIP	2 weeks
	LABEX	**Group A**	6	1	5	8	4	5	2 days (FIP)	-	-	-		
		Group B	6	1	5	8	4	5		-	-	-		
Unit '5' Batch 2025	**SIS**		41	35	8	11	12	24	2	1	9	-	20 CLIP	2 weeks
	LABEX	**Group A**	22	7	0	3	2	9	2 days (FIP)	-	1	-		
		Group B	22	7	0	3	2	9		-	1	-		
Unit '6' Batch 2025	**SIS**		3	3	3	3	3	2	1	-	1	1	4 Clip Evaluation	-

The teaching – learning activities of the various departments of the MBBS 2nd Year (Batch 2024) 2024-25:

	Category		Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Psychiatry	Other Disciplines		Problem Based Learning
Unit '5' Batch 2024	**SIS**		42	37	3	10	12	24	2	1	9	17 CLIP		1 week
	LABEX	**Group A**	22	8	0	3	2	10	2 days (FIP)	-	1			
		Group B	22	8	0	3	2	10		-	1			
Unit '6' Batch 2024	**SIS**		3	3	3	3	3	3	1	-	1	3 CLIP	4 Clip Evaluation	-

3. PLAN OF ACTION

1. First Year MBBS Students (Batch 2026): Efforts will be directed towards the completion of the remaining Units (Unit 2) for the first year MBBS students of the Batch 2026 as indicated in Table 3.These components, in conjunction with their corresponding assessments and Annual Examination are planned for completion by **February 2027 AD**.
2. Second Year MBBS Students (Batch 2024): All essential learning activities have been successfully accomplished for the Second Year MBBS students of the 2024 batch.
3. Second-Year MBBS Students (Batch 2025): The forthcoming actions encompass the finalization of the pending portions of Unit '5' as indicated in Table 4. This effort will be complemented by the organization of a Multisystem Seminar Session (MSS). This engaging session will empower each student to present a seminar on a topic allocated to them, under the diligent guidance of the faculty. Lastly, the annual examination for the second-year MBBS students of the Batch of 2025 will be conducted and completed by **January 2027 AD.**

TABLE 3:

Remaining teaching – learning activities of the various departments of the MBBS 1st year (Batch 2026) 2026-27:

	Category		Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Pediatrics	Anesthesia	Psychiatry	Other Disciplines	Problem Based Learning
Unit '2' Batch 2026	**SIS**		15	30	5	18	12	26	2	1		2		6 CLIP	1 Week
	LABEX	**Group A**	7	6	2	4	4	4	-	-	-	-	-		
		Group B	7	6	2	4	4	4		-	-	-	-		
	Clip Evaluation													4 days	

TABLE 4:
Remaining teaching – learning activities of the various departments of the MBBS 2nd Year (Batch 2025) 2026-27:

	Category		Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Psychiatry	Obst./Gynae	Other Disciplines	Problem Based Learning
Unit '5' Batch 2025	**SIS**		41	35	8	11	12	24	2	1	9	-	20 CLIP	2 weeks
	LABEX	**Group A**	22	7	0	3	2	9	2 days (FIP)	-	1	-		
		Group B	22	7	0	3	2	9		-	1	-		
Unit '6' Batch 2025	**SIS**		3	3	3	3	3	2	1	-	1	1	4 Clip Evaluation	-

The Study Program in Community Settings

Third Year: (Vth and VIth Semesters)

During Vth and VIth Semesters student were taken to Teaching District Hospital, Inaruwa on Sunday as Learning in Field Program supervised by teachers from the Department of SPH & CM, Internal Medicine, Obstetrics & Gynecology, Pediatrics and Surgery. The majority ward posting is assigned at Internal Medicine, Obstetrics & Gynecology, Pediatrics and Surgery 10:00am to 1:00pm. Each students had two weeks elective posting in different Clinical and Basic Sciences Department as per choice during Vth&VIthsemester.

Vth Semester

The students were posted to the community for Family Health Exercise once in alternate Sunday for twenty postings supervised by the faculty from the Department of SPH & CM. During this semester, T. B. teaching module was conducted over a week (from **31st August – 6th September, 2025**) and the participating departments were SPH & CM, Dermatology, Internal Medicine, Pathology, Microbiology, Obstetrics and Gynecology, Orthopedics, Pediatrics, Radiology and Surgery. The students were posted for two weeks (8th-11thSeptember, 2025 & 9th–18th October, 2025) for Epidemiological Exercise (Residential Field Posting) to the community as a part of their Residential Field Program, where the faculties of the SPH & CM supervised them under the department of SPH & Community Medicine.

VIth Semester

Orientation Program for 3rd Year students on Research Methodology was organized on the students later worked on research projects individually under the supervision of faculty members for a period of four weeks (**1st – 28th March, 2026**). They were posted in different departments of their choice as elective postings for 2 weeks.

Fourth Year (VIIth and VIIIth Semesters)

LIF program was conducted every Tuesday for twenty weeks. The students visit once a week in the following department (Internal Medicine, Obstetrics & Gynecology, Pediatrics, and Surgery) for two hours as Sharpen your clinical skills (SYCS) posting.

VIIth Semesters

During this semester the students are posted on Anesthesiology (2 weeks), Dermatology (2 weeks), General Practice (4 weeks), Emergency Medicine (4 weeks), Lab Medicine (2 weeks), Oral Health (2 weeks), Psychiatry (2 weeks) and Radiology (2 weeks).

VIIIthSemesters

During this semester the students are posted on Emergency Medicine (4 weeks) Ophthalmology (4 weeks), Otorhinolaryngology (4 weeks) and Orthopaedics (4 weeks). They are posted in different clinical and basic sciences department for two weeks as third elective posting as per students preferences.

The students were posted for two weeks (8th – 21st June, 2026) for Health Management (Residential Field Posting) to the community as a part of their Residential Field Program, where the faculties of the SPH & CM supervised them under the department of SPH & Community Medicine.

Fifth Year

(IXth Semester / 2021 batch: 8thFebruary to 30th June, 2026)

IF program was conducted every Friday for twenty weeks. The supervising faculties were form the Department of SPH & CM, Internal Medicine, Obstetrics & Gynecology, Pediatrics, and Surgery. HIV module was conducted from 3rd – 9th May, 2026 and the concerned department were Microbiology, SPH & CM, Pathology, Internal Medicine, Obstetrics & Gynecology, Pediatrics, Surgery and Dermatology.

New batch-2022 will join the IXth semester from **28.10.2026**(Tentatively)

4. INTERNSHIP

An internship orientation program was organized and conducted on 14th August, 2025 for 2019 Batch. Community Oriented Compulsory Residential Rotatory Internship Program (COCRRIP) of the BPKIHS is of one year duration. Internship training is conducted for seven and half months in BPKIHS hospital during which the interns are posted to Departments of Internal Medicine (6Weeks), Obstetrics & Gynecology (4Weeks), Pediatrics (4Weeks), Surgery (6Weeks) and General Practice & Emergency Medicine (2Weeks). In addition, interns choose four disciplines each 2 weeks for elective postings from other clinical departments. The internship training is conducted at Teaching District/Zonal Hospitals (Mechi Zonal Hospital, Dhankutta, Inaruwa, Ilam, Siraha, Udayapur, RangeliChatara, MadanBhandari Hospital and Rajbiraj District Hospital,) for the remaining four and half months. During this period interns are also given opportunity to work at Primary Health Center, District Public Health Office, Health Post, and Sub Health Post. Faculty members or residents are also posted to Zonal/district hospitals to supervise the training of interns and to support patient care.

Students who Completed Internship:

MBBS, (2019 Batch) Regular	88
MBBS, (2019 Batch) Supplementary	15
Total	103

Students undergoing internship: MBBS, (2021 Batch) Regular 101

5. RESEARCH ACTIVITIES

The Department involved MBBS 3rd year in research were:

Departments:

- Anatomy
- Physiology
- Biochemistry
- Microbiology
- School of Public Health & Community Medicine
- Dermatology
- GP & EM
- Internal Medicine
- PC & SM
- Surgery
- Psychiatry
- Obstetrics & Gynecology
- Forensic Medicine
- Cardiology

These students conducted their research during their research posting of VIth semester in groups of 2-4 students.

1. Attendance of UG students has been more effective**.**
2. The academic calendar of operation was developed for smooth functioning of academics of UG students.
3. Organization of Orientation Program for 3rd Year students on Research Methodology.
4. Organization of orientation program for the new batch of the interns.

6. PLAN OF ACTION

- Formation of team for Monitoring the internship program
- Coordination of community-based programs for students including interns.
- Conduction of regular Teaching Program Implementation Committee (TPIC) meeting.
- Taking feedback from students regarding the teaching-learning activities of undergraduate students to make necessary changes and improvement in curriculum.
- Design structured internship posting.

5.5 MBBS Phase - II & Internship Program

Dr. Shyam Prasad Kafle	Program Coordinator
Dr. Dinesh Nalbo	Deputy Coordinator
Dr. Samyog Uprety	Internship Coordinator
Dr. Ramayan Prasad Kushwaha	Deputy Coordinator
Ms. ShobhaShrestha	Administrative Staff

1. MBBS PHASE - II & INTERNSHIP PROGRAM PROFILE

The MBBS, Phase-II Program is covered in 5 semesters (V^{th} – IX^{th} Semesters) each of twenty weeks duration in the latter 2 ½ years of the MBBS program followed by the one year internship training program.

Sixteen departments viz. Anesthesiology, School of Public Health & Community Medicine (SPH & CM), Dermatology, Forensic Medicine, General Practice & Emergency Medicine, Laboratory Medicine (Biochemistry, Pathology & Microbiology), Internal Medicine, Obstetrics & Gynecology, Ophthalmology, Oral Health, Orthopedics, Otorhinolaryngology, Pediatrics, Psychiatry, Radiology and Surgery regularly participated in the teaching / learning activities (T-L activities).

2. ACADEMIC ACTIVITIES

The following MBBS Phase-II program of the new academic year started on 15th July, 2025. Numbers of students in each year are given as below:

Programme	Total Students	Regular Students
3rd Year MBBS(2023 Batch)	101	97
4th Year MBBS(2022 Batch)	97	94
5th Year MBBS(2021 Batch)	101	97

The teaching / learning activities consisted of structured interactive sessions (SIS - 720), small group discussions (SGD - 110), Seminars - 85, Case based Learning (CBL), SYCS case based learning (CBL), in outpatient and inpatient departments of the BPKIHS hospital. The V^{th}, VI^{th} and $VIII^{th}$ Semester students were deputed to various departments for 3 elective postings according to their choice. The duration of each posting was 2 weeks. The program was monitored by the "Teaching program implementation committee". The committee met regularly and the heads of the participating disciplines attended the meetings to discuss matters pertaining to the study program and evaluation of students' performance.

5.6 PHASE I BDS PROGRAMME

MEMBERS:

Dr. Arbind Rai : Program Coordinator
Dr. Samikshya Sangraula : Deputy Program Coordinator
Mr. Manjul Bhandari : Computer Operator

1. PHASE I BDS PROGRAMME PROFILE

The phase I (the first 2 years) curriculum is integrated with organ system framework, community oriented and is partly problem based with an emphasis on early clinical exposure and community exposure. The teaching program had input [Structured Interactive Sessions (SIS), Laboratory Exercises (LABEX), Seminars (SEM), Unconventional Learning Exercises (UNCLE), Tutorials] from various disciplines. The Teaching Program Implementation Committee (TPIC) consisting of heads of departments held regular meetings to facilitate the teaching-learning activities.

2. ACADEMIC ACTIVITIES

The academic year started on 26th February, 2026 for 1st Year BDS (Batch-2026) and on 11th January, 2026 for 2nd year BDS (Batch-2025).

Number of students in	1st Year BDS (2026 Batch):	51
	2nd Year BDS (2025Batch):	56

Academic program of the 1st BDS students:

The course started with an "Orientation Program" held from 26th February to 1st March, 2026 for Batch-2026. 1st Year BDS students had a total of 3 Problem Based Learning (PBL) sessions of 1 week in Immunology, Blood and Cardio – Vascular System. 1st Year MBBS, BDS & B. Sc. (Nursing) students had a combined Field Program called as Community Diagnosis Program (CDP) for 2 weeks. To facilitate early clinical exposure, students had Clinical Posting (CLIP) of 3 hours duration in BPKIHS Medical and Dental Hospitals once a week with 16 sessions. Students perform their laboratory exercise (labexes) of 3 hours duration in the basic dental subjects and the basic medical subjects.

The teaching – learning activities of the various departments:

Category	Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Forensic Medicine	Psychiatry	Paediatrics	Anesthesiology	Dental Materials (Prosthodontics)	Problem Based Learning	Community Diagnosis Program (CDP)
SIS	29	46	53	45	38	65	7	5	7	2	2	44	3 weeks	2 weeks
Labex	10	7	14	17	10	12	-	-	-	-	1	17		

Academic program of the 2nd BDS students:

Along with organ system teaching, the 2nd Year BDS students had two PBLs, each PBL for one week on Gastrointestinal and Endocrines system during the academic year. Students performed their laboratory exercises (LABEXes) of 3 hours duration in the preclinical dental & basic medical sciences subjects.

The teaching – learning activities of the various departments:

Category	Anatomy	Physiology	Biochemistry	Pathology	Microbiology	Pharmacology	Community Medicine	Psychiatry	Preclinical Prosthodontics	Preclinical Conservative Dent.	Oral Biology	Pedodontics & Preventive Dent.	Basic Orthodontics	Problem Based Learning
SIS	50	52	30	17	7	37	3	7	25	26	75	6	-	2 weeks
LABEX	28	-	2	3	3	5	-	1	21	58	56	29	30	

5.7 PHASE II BDS PROGRAMME

MEMBERS:

Dr. Pujan Acharya : Programme Coordinator
Dr. Gajendra Birajee : Deputy Programme Coordinator
Mr. Manjul Bhandari : Computer Operator

1. PHASE II BDS PROGRAMME PROFILE

BDS Phase II program is covered in 5 semesters (V-IX) each of twenty weeks duration in the latter 2 1⁄2 years followed by an internship training program. All respective departments of each semester are involved in various T-L activities consisting of SIS, SGD, Seminars, CBL, LABEX and LIF.

2. ACADEMIC ACTIVITIES

NUMBER OF STUDENTS

Programme	Starting Date	Total Students
3rd Year BDS (Batch 2024)	22nd February, 2026	42
4th Year BDS (Batch 2023)	9th July, 2026	47
4th Year BDS (Batch 2022)	26th October, 2025	51
5th Year BDS (Batch 2021)	22nd February, 2026	53

The Teaching learning activities in various departments:

Category	General Medicine and Allied Subjects	General Surgery and Allied Subjects	Anesthesiology	Forensic Medicine and Odontology	Oral Medicine and Radiology	Oral and Maxillofacial Surgery	Prosthodontics	Pedodontics and Preventive Dentistry	Orthodontics	Periodontology and Oral Implantology	Public Health Dentistry	Conservative Dentistry and Endodontics	Oral Pathology and Microbiology
SIS	44	57	2	40	56	71	74	83	61	58	80	64	65
LABEX (in hrs)	-	-	-	8	-	-	120	165	222	-	-	-	38
CBL(in hrs)	162	153	-	-	202	277	277	202	202	202	277	277	-
LIF	-	-	-	-	-	-	-	-	-	-	-	-	-
SGD	-	19	-	-	-	39	39	-	-	-	39	39	-
SEMINARS	-	-	-	-	44	12	-	22	3	-	38	19	-

V Semester

Total of 12 departments viz. Internal Medicine, General Surgery, along with Forensic Medicine & Odontology and various dental departments viz. Oral Medicine & Radiology, Oral & Maxillofacial Surgery, Prosthodontics, Pedodontics & Preventive Dentistry, Orthodontics & Dentofacial Orthopaedics, Periodontology & Oral Implantology, Public Health Dentistry, Conservative Dentistry & Endodontics and Oral Pathology participate in T-L activities on regular basis. Inclusion of Problem Based Learning (PBL) sessions involving different departments of dental and medical college.

VI Semester

Department's viz. Internal Medicine, General Surgery along with other allied subject departments viz. Otorhinolaryngology, Pediatrics, Psychiatry, Dermatology, Orthopedics and Forensic Medicine & Odontology along with various Dental departments viz. Oral Medicine & Radiology, Oral & Maxillofacial surgery, Prosthodontics, Pedodontics & Preventive dentistry, Orthodontics & Dentofacial Orthopaedics, Periodontology & Oral Implantology, Public Health Dentistry, Conservative Dentistry and Endodontics & Oral Pathology actively participate in T-L activities.

Students were posted in wards of various departments of Internal medicine, General surgery and a list of other allied subject departments. Students were also taken to the mortuary for a demonstration of post mortem conducted regularly by the department of Forensic medicine. Evaluation was done at the end of semesters for all respective subjects.

VIISemester

Students were posted in Eight Dental department's viz. Oral Medicine & Radiology, Oral & Maxillofacial Surgery, Prosthodontics, Pedodontics & Preventive Dentistry, Orthodontics & Dentofacial Orthopaedics, Periodontology & Oral Implantology, Public Health Dentistry, Conservative Dentistry & Endodontics. Evaluation was done at the end of semester for respective eight subjects.

VIIISemester

Students were posted in Eight Dental department's viz. Oral Medicine & Radiology, Oral & Maxillofacial Surgery, Prosthodontics, Pedodontics & Preventive Dentistry, Orthodontics & Dentofacial Orthopaedics, Periodontology & Oral Implantology, Public Health Dentistry, Conservative Dentistry & Endodontics. Evaluation was done at the end of semester and end of year for four subjects viz. Oral Medicine and Radiology, Pedodontics and Preventive dentistry, Orthodontics, Periodontology and Oral Implantology.

Fifth year (IX Semester)

Students were involved in teaching learning activities of four departments in dentistry; Oral and Maxillofacial Surgery, Prosthodontics, Public Health Dentistry and Conservative Dentistry and Endodontics. Evaluation was done at the end of semester and the end of year for all four subjects.

3. PLAN OF ACTION

- Development and strengthening of teaching schedule
- Coordinate in integrating related topics among different departments
- Create environment for frequent interaction with undergraduate students
- Conduct regular Teaching Program Implementation Committee meetings
- Taking feedback from students regarding teaching learning program

5.8 BDS INTERNSHIP PROGRAMME

MEMBERS:

Dr. Pragya Regmee : Program Coordinator
Dr. Ujwal Gautam : Deputy Program Coordinator
Mr. Manjul Bhandari : Computer Operator

1. BDS INTERNSHIP PROGRAMME PROFILE

BDS Internship Program of BPKIHS is a 1 year Community Oriented Compulsory Residential Rotatory Internship Programme (COCRRIP). The BDS interns are posted for duration of seven and a half months in College of Dental Surgery of the Institute within different departments (5 weeks each in Conservative and Endodontics, Pedodontics, Prosthodontics, 3 weeks each in Oral and Maxillofacial Surgery, Oral Medicine and Radiology, Periodontics, Orthodontics and 1 week each in oral Pathology, Emergency and Public Health Dentistry) and for duration of four and a half months in different peripheral district and zonal hospitals of Eastern Nepal namely Dhankuta, Ilam, Gaighat, Chatara, Inaruwa, Bhadrapur, Rangeli and Mangalbare.

Programme	Starting Date	Total Interns
Internship (B-2019)	26th August, 2025	36
Supplementary Internship (B-2019)	24th February, 2026	1

2. OBJECTIVES OF BDS INTERNSHIP PROGRAM:

- Reinforcement of learning & acquisition of additional knowledge
- Achievement of basic & clinical skills for attaining competence
- Development of sound attitudes & habits
- Understanding & practice of professional & ethical principles
- Emphasis on task oriented training

Apart from the academic and clinical work a BDS intern is also involved in:

- Conducting health education sessions on Oral Health, Preventive Dentistry and Oral Epidemiology
- Preparation of Oral health Education Materials
- Acquiring knowledge of Preventive Dentistry and Public Health Problems in Nepal
- Working towards implementation of Nepal's National Oral Health Policy and Strategic Plan

3. PLAN OF ACTION:

- Incorporate Basic Life Support training during internship.
- Take feedback from the interns regarding teaching and learning activities in the institute as well as in the peripheral hospital postings.
- Take feedback from the supervisors of the peripheral hospitals.
- Field visit and regular monitoring of teaching and learning activities and resources at the peripheral hospitals.

5.9 BDS PBL Program

MEMBERS

Dr. Meena Kumari Mishra : PBL Coordinator
Dr. Avinash Chaudhary : Deputy PBL Coordinator
Mr. Manjul Bhandari : Computer Operator

1. **ACADEMIC ACTIVITIES**

BDS second year students had a PBL program on the topic "Dental Caries" from 1st to 8th June, 2026 (B-2025) and 3rd to 8th August, 2025 (B-2024). During the one week session, all the students actively participated in the tutorials, SRD, Resource sessions (SIS, Demonstrations/LABEX) and also presented seminars on various topics of infection control. The best presentation group was awarded.

2. PLAN OF ACTION

- Setting up of PBL office room and addition of furniture, printer and photocopy machine for smooth conduction of PBL sessions.
- Conduction of PBL on various other important topics which may foster students' better understanding.

5.10 BSC.MLT PROGRAM

MEMBERS

Prof Dr.Ratna Baral	Program Coordinator
Mr. Santosh Kumar Yadav	Deputy Program Coordinator
Ms Pooja Shrestha	Computer Clerk

1. BSC.MLT PROGRAM PROFILE

The teaching program has been meticulously structured to encompass a variety of inputs, including Structured Interactive Sessions (SIS), Laboratory Exercises (LABEX), Seminars (SEM), Unconventional Learning Exercises (UNCLE), Clinical laboratory posting (CLP), Observational Field lab Posting and , Research by students.

2. ACADEMIC ACTIVITIES

NUMBER OF STUDENTS:

1st Year B.Sc.MLT (2025 Batch) :	20+1 Repeater
2nd Year B.Sc.MLT (2024 Batch):	8
3rd Year B.Sc.MLT(2023 Batch) :	8
3rd Year B.Sc.MLT (2022 Batch) :	9 (Annual Exam is going held soon on August 2025)
4th Year B.Sc.MLT (2021 Batch) :	9

Log Books records of lab posting of all years had been maintained . Verbal feedback was conducted among students regarding exams , posting for the improvement in the teaching and learning activities.

To facilitate the effective execution of the teaching program, the Teaching Program Implementation Committee (TPIC) has consistently convened meetings to oversee and enhance teaching-learning activities.

Departments:

Anatomy
Physiology
Pharmacology
Biochemistry
Microbiology
Pathology
School of Public Health & Community Medicine
Forensic Medicine

TABLE: 1
The Teaching – Learning activities of the various departments of the B.Sc. MLT 1st Year

	Category	Anatomy	Physiology	Pharmacology	Microbiology	Biochemistry	Pathology
Unit "1"	SIS	33	32	35	12	14	10
	LABEX	20	12	02	09	08	05
Unit "2"	SIS	15	32	13	13	18	13
	LABEX	12	02	00	02	11	13

Note: All Students have been allocated in all Laboratory section from 08:00 AM to 12:00 PM

TABLE: 2
The Teaching – Learning activities of the various departments of the B.Sc. MLT 2nd Year

	Category	Microbiology	Biochemistry	Pathology
Unit "3"	SIS	32	28	35
	LABEX	06	13	11
	SEMINAR	01	01	00
Unit "4"	SIS	32	20	13
	LABEX	10	03	05
	SEMINAR	01	00	03

Note: All Students have been allocated in all Laboratory section from 08:00 AM to 05:00 PM

TABLE: 3
The Teaching – Learning activities of the various departments of the B.Sc. MLT 3rd Year

	Category	Microbiology	Biochemistry	Pathology	Forensic	Community Medicine	Medical Informatics	Laboratory Management	Bioethics	Field Posting
Unit "5"	SIS	14	15	31	00	00	00	00	00	
	LABEX	15	15	15	00	00	00	00	00	
Unit "6"	SIS	02	01	01	12	23	13	09	07	4 Weeks
	LABEX	02	01	01	02	00	00	08	00	
	SEMINAR	00	02	03						

Note: All Students have been allocated in all Laboratory section from 08:00 AM to 05:00 PM

TABLE: 4
The Teaching – Learning activities of the various departments of the B.Sc. MLT 4th Year

	Category	Microbiology	Biochemistry	Pathology	Research
Unit "7"	SIS	32	16	5+27=32	8 Weeks
	LABEX	16	16	5+11=16	
	SEMINAR	01	02	00	
Unit "8"	INTERNSHIP/ROTATORY LAB POSTING				

Note: All Students have been allocated to all laboratory sections from 08:00 AM to 05:00 PM

All Batch of B.Sc.MLT have SIS, Labexes, Internal and Annual Assessments were conducted as per curriculum. .Laboratory posting of students in Microbiology, Biochemistry and Pathology are running smoothly.

3rd B.Sc.MLT

Students of (B-2022) completed their Observational Field visits to District Hospital of (Dhankutta , Inaruwa, PPHL Biratnagar and B.P. Memorial Cancer Hospital, Chitwan) . Students presented the report of observational Field visits on August 7, 2025 at LT-3 to the faculty members of pathology, Microbiology and Biochemistry departments. The annual exam will be held soon .

4th year B.Sc.MLT

These students conducted their research during their research posting of 4th year each 3 groups divided into Microbiology Department, Biochemistry and Pathology Department. A single research topic was provided to students.

Students of (B-2021) completed and submitted the research protocol to respective departments (Microbiology, Biochemistry and Pathology). Students were given the DRU letter from respective departments for conduction of research work. Coordinator had compiled the students research protocol with DRU letter to IRC, BPKIHS for the endorsement. Students at the time of Annual Exam 4th year will present the Research presentation which will be evaluated and mandatory.

Currently B-2021 students are doing their internship posting at various laboratories of Microbiology, Biochemistry and Pathology departments. The duration of posting is 6 months.

3. PROGRAMS ATTENDED/ORGANIZED

The revision of B.Sc.MLT curriculum (workshop held on 2 April 2024) had been endorsed in the 27th Academic meeting dated on March 20, 2025. Log Books for each year have been prepared, printed and provided to students.

B.Sc.MLT students all batches participated and successfully conducted the "Laboratory week" organizing Quiz, awareness on importance of laboratory in early diagnosis, Blood donation program.

B.Sc. MLT students with association of SWS support organized CME Topic-POCT: A Laboratory Services and it's impact on clinical Diagnosis dated on May 1,2025 at BPKIHS.

4. ACHIEVEMENT

- The academic calendar of operation was developed for smooth functioning of academics of UG students.
- Organization of Orientation Program for 4th Year students on Research Methodology.

5. PLAN OF ACTION

- Upgradation of Logistic support (Projector and others as per need) for SIS and Labexes.
- Effective coordination for management of Observational Field lab posting of students.
- Conduction of regular Teaching Program Implementation Committee (TPIC) meeting.
- Taking feedback from students regarding teaching a learning program of undergraduate students to smooth running to Classes and posting.

5.11 JOURNAL OF B. P. KOIRALA INSTITUTE OF HEALTH SCIENCES (JBPKIHS)

EDITORIAL BOARD

Prof. Dr. Rita Khadka	: **Editor in Chief**
Dr. Rajesh Gyawali	: Managing Editor
Dr. Mona Dahal	: Deputy Managing Editor
Dr. Bishal Babu Basnet	: Deputy Managing Editor
Dr. Pramendra Prasad Gupta	: Editor
Dr. Shraddha Siwakoti	: Editor
Dr. Avinas Rai	: Editor

Administrative Staff

Mrs. Anjana Pokhrel	: Senior Computer Operator

1. JBPKIHS PROFILE

The Journal of B. P. Koirala Institute of Health Sciences (JBPKIHS) is the official journal of B. P. Koirala Institute of Health Sciences. The journal publishes peer-reviewed, high quality original articles, review articles, significant case reports, brief communication and correspondence; maintains a complete editorial independence and rigorous peer-review process. The journal is relevant to those involved in patient care, biomedical research, health professionals' education, health services administration and wider community. Two issues of the journal are published in a calendar year. This journal provides immediate open access to its content, supporting the free global exchange of knowledge. There are no fees for submitting and publishing the articles. It is indexed in NepJOL and Google Scholar.

a) VISION

The vision of the journal is to become a leading and trusted platform for disseminating high quality medical research promoting evidence based practice and advancing innovation in health care, thereby contributing to improved patient care and health outcomes.

b) MISSION

The journal exists for the benefit of improving the quality of healthcare and medical education, particularly in the context of developing countries with limited resources. The journal welcomes articles relevant to basic sciences, medical, dentistry, nursing, public health, and allied health sciences. The scope and content of JBPKIHS is wide ranging yet pragmatic.

c) CORE FUNCTIONS

- Reviewing all submissions for completeness based on journal guidelines.
- Reviewing and evaluating submitted articles for quality, scope, and reliability, as well as checking whether any part of the manuscript has been previously published.
- Sending selected articles to expert global peer reviewers in the relevant fields.
- Corresponding with authors, copyediting accepted manuscripts, coordinating with the

press, proofreading for errors, and publishing the final content.

2. ACTIVITIES:

- Publication of vol. 8 (Issue- 1& 2) of JBPKIHS.
- Working on publication of vol. 9 (Issue-1) of JBPKIHS.
- Exploring additional indexing strategies.
- Developing a team of editors and advisors from both national and international backgrounds.
- Working on maintaining a geographically diverse pool of reviewers.
- Ensuring consistent and timely publication of each issue.

3. SWOT ANALYSIS

Strengths ● A peer-reviewed journal ● Publishing high quality reliable information ● A complete editorial independence ● Double blind rigorous peer-review process ● Indexed in NepJOL and Google Scholar ● Identified by ISSN: 2616-0323(print) and eISSN: 2616-0390 (online) ● Articles are assigned by DOI through DOI registration agency	**Weakness** ● Dependency on press causing delays in publication ● Inability to publish on time ● Use of free Plagiarism detection software ● Unavailable Adobe In-design software ● Lack of funds
Opportunities ● Expanding the scope and audience of the journal ● Increasing international collaborations ● Increasing frequency of publication of the journal ● Indexing in Scopus, PubMed, Medline	**Threats** ● Low volume of article submissions. ● Uprising of newer journals

4. PLAN OF ACTION:

- Timely publication
- Strengthening quality of the journal
- If possible, Increasing the frequency of publication
- Working for indexing the journal in PubMed and DOAJ

6. OFFICE OF THE DEAN EXAMINATION

Prof. Dr. Anju Pradhan:	**Dean, Examinations**
Dr. Dhan Keshar Khadka:	**Assistant Dean, Examinations**
Mr. Pradeep Shakya:	**Supervisor**

Technical and Administrative Staff

Ms. Sita Kumari Humagain:	Senior Administrative Assistant
Mr. Binod Samsohang:	Senior Computer Operator
Mr. Yubraj Bajagain:	Administrative Assistant
Mr. Manoj Ghimire:	Personal Assistant
Mr. Jivan Bhattarai:	Computer Clerk
Mr. Navin Kumar Yadav:	Computer Clerk
Mr. Dharmindra Chaudhary:	Computer Clerk
Mr. Anil Pandey:	Computer Clerk

Supporting Staffs:

Mr. Laxmi Prasad Gautam:	Helper Level 4
Mr. Prakash Koirala:	Senior Foreman

1. OFFICE/SECTION ACHIEVEMENTS

In the academic year 2025/2026, Internal Assessment and Annual Examinations of MBBS, BDS, B.Sc. Nursing, BMS Nursing, B.Sc. MLT, B.Sc. MIT, B.Sc. PT, M.Sc. Nursing/MPH/MD/MS/MDS/ Fellowship and DM/MCh annual and final examinations were conducted successfully as per the academic calendar with the coordination of the Academic Division, Program Coordinators, Departments and other Sections as required.

2. ACADEMIC ACTIVITIES

• Undergraduate Teaching

The examinations of the Academic Year 2025/2026 are as follows:

- **MBBS**

<table>
<tr><th colspan="2">1st Year (B-2026)</th><th>1st Year (B-2025)</th><th>2nd Year (B-2024)</th></tr>
<tr><td colspan="2">Mock
3rd -6th May 2026
Unit-0
18th-24th June 2026</td><td rowspan="2">Unit-2
12th – 20th Nov 2025
Annual
12th Dec 2025 – 6th January 2026
Supple
8th –17th March 2026</td><td rowspan="2">Unit -5
31st Oct – 6th Nov 2025
Unit -6
11th Dec 2025
Annual
4th Jan 2026 – 27th Jan 2026
Supple
10th April 2026 – 21st April 2026</td></tr>
<tr><td></td><td></td></tr>
<tr><td></td><td></td><td>2nd Year (B-2025)</td><td></td></tr>
</table>

		Unit-3 20th -24th March 2026 Unit -4 15th-22nd June 2026 Unit-3 Re-internal 24th July – 27th July 2026		**3rd year (B- 2024)**	
				V Sem 2nd July 2026 – 22nd July 2026	
2nd Year (B-2023)		**3rd Year (B-2022)**		**4th Year (B-2021)**	
2nd Yr Annual Supple 8th Sept – 18th Sept 2025		VI Sem 5th – 28th Sept 2025 Annual 10th – 15th Oct 2025 Supple 28th Nov – 3rd Dec 2025		VIII Sem 19th Dec 2025– 5th Jan 2026 Annual 11th – 28th Jan 2026 Supple 20th Mar – 1st Apr 2026	
3rd Year (B-2023)		**4th Year (B-2022)**		**5th Year (B-2021)**	
V Sem 17th Dec 2025 – 8th Jan 2026 VI Sem 4th – 26th June 2026 Annual 1st – 9th July 2026		VII Sem 22nd March – 5th April 2026 VIII Sem 31st Aug – 15th Sept 2026		IX Sem 2nd July – 21st July 2026 Annual 31st July – 21st Aug 2026	
5th Year (B-2019)					
Annual Supple 22nd Jan – 6th Feb 2026					

- **BDS**

1st Year (B 2026)		**2nd Year (B 2025)**		**3rd Year (B 2024)**		**3rd Year (B 2023)**		**4th Year (B 2022)**		**5th Year (B 2021)**	
MOCK	3rd May -8th May 2026	Unit 5	19th-24th April 2025	Vth Sem	21st July -31st July 2026	VIth Sem	24th May-8th June 2026	VII semester	8th April 2026-5th May 2026	IX semester	20th - 31st July 2026
Unit O	18th - 26th June 2026	Unit 3	-	VIth Sem	-	Annual	17th June -1st July 2026	VIII semester	-	Final	-
Unit 1	-	Unit 4	-	Annual	-			Annual	-	Supple	-
Unit 2	-	Supple	-	Supple	-	Supple	-	Supple	-		
1st Year (B 2025)		**2nd Year (B 2024)**		**3rd Year (B-2023)**		**3rd Year (B 2022)**		**4th Year (B 2021)**		**5th Year (B 2019)**	
Unit O	-	Unit 5	-	Vth Sem	17th – 30th Dec. 2025	V Semester	11th - 26th March 2025	VII Semester	7th-22nd July 2025	Final	21st July 2025 -1st Aug. 2025
Unit 1	3rd - 11th Aug. 2026	Unit 3	11th-22nd Aug. 2025	VIth Sem	-	VI Semester	20th Aug. 2025-3rd Sept. 2025	VIII Semester	13th -26th Jan 2026	Supple	26th Jan. 2026 -6th Feb. 2026
Unit 2	9th - 19th	Unit 4	30th Nov.	Annual	-	Annual	12th Sept.	Annual	6th - 18th		

	June 2026		– 11th Dec. 2025				-26th Sept. 2025		Feb. 2026		
Annual	10th - 26th Dec. 2025	Annual	12th Jan 2026 -4th Feb. 2026	Supple	-	Supple	28th Nov. 2025 – 11th Dec. 2025	Supple	1st Apr- 5th Apr. 2026		
Supple	8th - 18th March 2026	Supple	6th - 23rd April 2026								

- **B.Sc. Nursing**

	1st Year (B-2026)	**2nd Year (B-2025)**	**3rd Year (B-2024)**	**3rd Year (B-2023)**	**4th Year (B-2022)**
MOCK Examination	3rd – 5th May 2026	-	-	-	-
1st Internal	6th – 13rd July 2026	20th – 23rd April 2026	25th -28th May 2026	18th – 21st Nov 2025	17th – 20th June 2025
2nd Internal	-	14th -18th Sept 2025 (B-24)	-	17th – 20th Feb 2026	9th – 12th Feb 2026
Annual	8th – 23rd Dec 2025 (B-25)	-	-	27th July–12th Aug 2025 (B-22)	28th Nov– 12th Dec 2025 (B-21)
Annual (Supple)		29th July 2025 (B-23) 18th Jan– 3rd Feb 2026 (B-24)	-	-	-

- **BMS**

	1st Year (B-2026)	**2nd Year (B-2025)**	**3rd Year (B-2024)**	**3rd Year (B-2023)**
MOCK Examination	22nd - 23rd June 2026	-	-	-
1st Internal	6th – 14th July 2026	-	20th -22nd May 2026	15th – 17th Oct 2025
2nd Internal	24th – 31st Aug 2025 (B-25)	-	-	20th – 22nd Jan 2026
Annual	-	18th Jan– 2nd Feb 2026 (B-24)	-	11st -25th Aug 2025 (B-23) 26th May-5th June 2026(B-23)
Annual (Supple)	-	-	-	-

- **B.Sc. MIT**

	1st Year (B-2026)	**2nd Year (B-2025)**	**3rd Year (B-2024)**	**3rd Year (B-2023)**	**4th Year (B-2022)**
1st Internal	22nd – 30th July 2025 (B-25)	21st -26th Sept 2025 (B-24)	26th May-4th June 2026	17th – 24th Dec 2025	15th – 20th Feb 2026

		25th May-2nd June2026 (B-25)			
2nd Internal	16th Nov – 24th 2025 (B-25)	2nd - 12th Jan 2026 (B-23)	-	27th Apr-5th May 2026	2nd – 7th Nov 2025 (B-21)
Annual	31st Dec '25 - 8th Jan 2026 (B-25)	6th – 12th June 2025 (B-23) 8th – 13th Feb 2026 (B-24)	-	25th Aug – 2nd Sept 2026 (B-22) 4th – 12th June 2026 (B-23)	27th Nov– 2nd Dec 2025 (B-21)
Annual (Supple)	-	-	27th March 2026	17th – 29th July 2026	-

- **B.Sc. MLT**

	1st Year (B-2026)	**2nd Year (B-2025)**	**3rd Year (B-2024)**	**3rd Year (B-2023)**	**4th Year (B-2022)**
MOCK Examination	6th – 7th May 2026	-	-	-	-
1st Internal	24th Aug–2nd Sept 2026 (B-25)	8th – 12th June 2026 24th–29th June 2026 (Re)	25th – 29th June 2025	31st Oct – 9th Nov 2025	-
2nd Internal	31st Oct – 4th Nov 2025	25th – 28th Nov 2025 (B-24)	17th -24th Mar 2026	15th -22nd July 2025 (B-22)	-
Annual	-	8th – 13th Feb 2026 (B-24)	25th Aug – 5th Sept 2026 (B-22)	5th – 18th June 2026	19th – 27th Nov 2025 (B-21)
Annual (Supple)	-	-	-	-	-

- **SC Perfusion Technology**

2nd Year (B-2024)		**3nd Year (B-2023)**			
2nd Internal	16th -21st Nov 2025	1st Internal	16th – 23rd Nov 2025		
Annual	8th -15th Jan 2026	2nd Internal	20th – 25th May 2026		
Supple	8th -10th March 2026	Annual	8th June– 15th June 2026		
2nd Year (B-2024) Repeat Batch					
1st Internal	7th -13th Aug 2026				

CERTIFICATE OF MERIT

Description	**Name**
4th Year B.Sc. Nursing (B-2021)	Kripa Baskota
	Kanchan Shrestha
	Anisha Giri
	Amisha Panta Kshetri
3rd Year B.Sc. Nursing (B-2022)	Sandhya Niraula

Description	Name
	Kritika lamichhane
	Drishya Dhakal
	Puspa Raibhat
2nd Year B.Sc. Nursing (B-2023)	Nisham Subba Ingwaram
	Gotri Nath
	Pooja Subedi
	Roshani Kangmang
2nd Year B.Sc. Nursing (B-2024)	Puja Rai
	Anjali Gurung
	Sushmita Chaulagain
	Prashuna Thapaliya
1st Year B.Sc. Nursing (B-2025)	Manshi Mishra
	Alpha Khanal
	Pragati Khatiwada
	Sanchita Thapa
3rd Year BMS (B-2023)	Bhumika Khatri
2nd Year BMS (B-2024)	Sapana Ale Magar
3rd Year B.Sc. MIT (B-2023)	Akash Kumar Yadav
4th Year B.Sc. MLT (B-2021)	Divya Jaiswal
	Roshan Twanabasu
3rd Year B.Sc. MLT (B-2022)	Sneha Mallik
2nd Year B.Sc. MLT (B-2024)	Pooja Rakash
1st Year B.Sc. MLT (B-2025)	Jeewanjyoti Kalauni
CM MBBS Batch 2019 5th year	Richa Koirala
	Sumit Dhamala
	Utsav Sitaula
	Raju Basnet
	Manoj Bhandari
	Pooja Khanal
	Ashish Sapkota
	Prawesh Pokharel
	Anusa Tripathi
	Sagar Kandel
CM MBBS Batch 2021 4th year	Sagar Giri
	Sagar Khulimuli
	Swarnim Baral
	Aditya Sharma
	Prakash Kumar Sah
	Abinash Kumar Yadav
	Kusum Shrestha
	Ganesh Dulal
	Bibek Neupane
	Iksha Khatiwada
CM MBBS Batch 2025 1st year	Sugarika Lamichhane
	Suan Thapa
	Lal Krishna Sapkota

Description	Name
	Aman Kumar Yadav
	Archana Thapa
	Sujit Kumar Yadav
	Abishek Sen
	Kusum Shrestha
	Ganesh Dulal
	Bibek Neupane
CM MBBS Batch 2023 2nd year	Sugam Saru
	Jyoti Kumari Yadav
	Aayam Kattel
	Tank Dangi
	Anuska Khadka
	Swarnim Baral
	Aditya Sharma
	Prakash Kumar Sah
	Abinash Kumar Yadav
	Iksha Khatiwada
CM MBBS Batch 2022 3rd year	Smita Paudel
	Nisha Kshetri
	Susma Basnet
	Sunil Khadka
	Sushant Kaphle
	Manisha Thapa
	Asim Bhandari
	Sandip B.K.
	Shashank Kashyap
	Gireesh Poudel
CM MBBS Batch 2024 2nd year	Anish Khanal
	Sundar Bhusal
	Kamala Thapa
	Prabesh Dhungana
	Rajkumar Shah Teli
	Abinash Kumar Yadav
	Sandip Pokhrel
	Roshan Kumar Jayswal
	Sanskriti Ghimire
	Aayush Adhikari
CM MBBS Batch 2023 3rd year	Pratibha Yadav
	Aarati Gautam
	Sugam Saru
	Iksha Khatiwada
	Abinash Kumar Yadav
	Somika Bhandari
	Ujjawal Kumar Thakur

Description	Name
	Anuska Khadka
	Isha Rauniyar
	Pankaj Harijan
CM (BDS) Batch -2019 [5th Year BDS]	Kapil Dhungana
	Divyanshi Bhattarai
	Neelam Acharya
CM (BDS) Batch-2021 [4th Year BDS]	Rabin Pandey
	Binisha Kunwor
	Sabina Acharya
	Prakriti Neupane
	Arati K.C.
CM (BDS) Batch-2022 [3rd Year BDS]	Sujal Paudel
	Dikshya Adhikari
	Bishwanath Baniya
	Mahita Shrestha
	Safalta Patel
CM (BDS) Batch-2023 [3rd Year BDS]	Pramila Shrestha
CM (BDS) Batch-2023 [2nd Year BDS]	Pramila Shrestha
	Bishal Khanal
	Bikram Dhami
	Roshni Rai
CM (BDS) Batch-2024 [2nd Year BDS]	Santosh Basnet
	Noorshikha Neupane
CM (BDS) Batch-2025 [1st Year BDS]	Anusha Bhattarai
	Jiyabul Hak
	Sharvan Kumar Thakur

Postgraduate Teaching

- **MD/MS/MDHA/M.Sc**

MD/MS (Batch -2022)	Final Supplementary Examination	9th – 30th October 2025
MD/MS/MDHA (Batch -2023)	Final Examination	26th April – 22nd May 2026

- **MDS (B -2023)**

MDS	Final Examination **(B-2023)**	26th April 2026-20th May 2026

- **MSc/MPH**

M.Sc. Nursing	Final Examination **(B-2024)**	29th March – 21st April 2026
	Final (Supplementary) Examination **(B-2023)**	16th – 17th Nov 2025
MPH	Final Examination **(B-2024)**	11th – 29th April 2026

• Other Teaching Activities

- **Fellowship**

Fellowship in Endocrinology	Final Supplementary Examination	8th -12th September 2026

- **DM/M Ch**

DM/MCh (B-2023)	Final Examination	13th - 27th Aug 2026

3. ACTIVITIES ONGOING/COMPLETED

Regular Task:

- The Examination Section is sincerely committed to maintaining and executing the academic calendars and successfully conducted all UG and PG examinations.
- To develop an examination calendar for the whole year with reference to the Office of the Dean and coordinators.
- MCQ papers of all the undergraduate programs have been checked using the latest OCR technology.
- Since the initial phase to date, the documentation and record-keeping system (Result processing/publication, preparation of Mark sheets/Certificates, etc.) of the Examination Section has been done manually.
- The comprehensive record of the students' marks, performances, and achievements in various examinations has been well kept through manual computer entry.
- The Mark sheet, Transcript, Provisional and Degree Certificates have been prepared on time and sent to the Academic Division.
- A server for an uninterrupted networking system is in use for continuous access of examination-related data, i.e., Question Bank, Mark sheet, Certificates.
- Service entry written examinations for the post of Staff Nurse/Overseer/Computer Programmer/ Audiologist/, Section Officer (Account) /Accountant/Optometry/ Physiotherapist/ Audiologist, House Officer, Senior Residents were conducted successfully with the highest level of proficiency and confidentiality.
- The Moderation of the questions is being done by the moderation committee and expert team.

4. PLAN OF ACTION:

Regular Activity Plan

- Follow and review to implement Academic Committee decisions for conducting examinations of various programs.
- Review the examination pattern and evaluation plan accordingly.
- To conduct regular internal assessments, re-internal assessments, and annual/final examinations of all the undergraduate/ postgraduate academic programs following the academic calendar of the Institute.
- Conduct supplementary/annual exams of all undergraduate/postgraduate academic programs as and when required.
- The fast-track result process by facilitating answer copy checking in the exam system itself.
- Preparation/issue of transcript, mark-sheet and provisional certificate to candidates who passed the respective annual examinations.
- Preparation/issuing of Degree Awarding Certificates at the time of convocation.
- Process to procure Branded Computers and Printers for examination-related documentation for enhancement of record-keeping and preparation/issue of certificates.
- Regular entry of Questions for the Question Bank and saving in the server network system of the Examination Section for long-term safety and confidentiality.

- Regular entry/record keeping of all academic certificates prepared/issued by the Examination Section in the server system of the Examination Section.

Upcoming Plans:

- The installation of an advanced Software System to enhance/update the examination procedure, like a record-keeping system/evaluation process (Result, Mark sheet, Certificate, etc.). The upgradation of the examination procedure is urgently required. Therefore, the requirement has been placed to the authorities for installation of the same at the earliest.
- The requirement of cybersecurity for the Server is yet in process.
- To improve the Question Bank.
- Orientation of invigilators/In-charge by the office of the Dean, before examination as and when required.
- To organize the workshop on assessment techniques in collaboration with HPE by the office of the Dean, Examination.
- Upgrade the record system to maintain confidentiality.

Infrastructural Development Plan:

- Overall maintenance of the exam section, cubicle office for individual staff to maintain confidentiality, safety, and security of examinations.
- CC camera installation in every cubicle office.
- Maintenance process/furnishing of all existing Exam Halls.
- Three well-equipped Examination Halls with air conditioners and CC camera system.
- Plan to shift the office of the Examination Section due to safety reasons, as the office building is very old.

7. OFFICE OF THE DEAN RESEARCH

Professor Dr. Asish Subedi : **Dean**
Dr. Jamal Giri : ***Assistant Dean***
Ms. Anjana Pokhrel : Sr. Computer Operator

1. OFFICE PROFILE

Vision, Mission and Core Functions

The Office of the Dean Research was established at B.P. Koirala Institute of Health Sciences (BPKIHS) in December 2025, following the decision of the 24th Academic Committee meeting, to provide institutional leadership and coordination for research activities across the Institute. Prof. Dr. Asish Subedi and Dr. Jamal Giri were appointed as Dean and Assistant Dean, respectively, effective 24 December 2025. The Office provides leadership in developing and implementing institutional research policies and priorities, facilitates undergraduate and postgraduate research, promotes research quality and integrity, and supports research funding and collaboration.

The Office also works to strengthen research capacity among faculty, postgraduate and undergraduate students through training, mentorship, and other capacity-building activities, while promoting dissemination and application of research findings. To support these efforts, a Health Research Capacity Building Committee has been formed under the coordination of **Dr. Rajesh Gyawali**, which coordinates research capacity-building activities across the Institute. The Office also promotes national and international research collaboration and aims to strengthen the quality, relevance, and impact of research at BPKIHS.

2. RESEARCH ACTIVITIES

- **Undergraduate**
  - Revised the research curriculum of Year 3 MBBS programme
  - Reformed the Departmental Research Unit (DRU) at the College of Dental Surgery
  - Revised the institutional guidelines for conducting research by undergraduate students

- **Postgraduate**
  - Thesis protocol defense for first-year postgraduate students between 24th March and 9th April 2026
  - Revised the institutional guidelines for conducting research by postgraduate students

- **Faculties**
  - Updating the existing guidelines for conducting funded research activities by faculty members at BPKIHS; the revision is currently in progress.

Research proposals approved by the previous research committee

S. N.	IRC No	Title & Name of the Researcher
1	2712/024	Understanding the Causes of Access Block Causing Overcrowding in Emergency Department of a Tertiary Care Hospital. Dr. Ritesh Chaudhary, Additional Professor, GP & EM
2	2715/024	Iodine Nutrition and Thyroid Function Status in Pregnant Women and Their Newborns. Mr. Basant Gelal, Assistant Professor, Biochemistry
3	2716/024	Morphometric Evaluation of Optic Canal Using Computed Tomography Scan in a Tertiary Care Center: A Cross-sectional Study. Dr. Suraj Tiwari, Senior Resident, Radiodiagnosis and Imaging
4	2717/024	Role of Ultrasound in Evaluation of Carpal Tunnel Syndrome. Dr. Sapana Koirala, Assistant Professor, Radiodiagnosis and Imaging
5	2718/024	Clinical profile of coexisting condition in children and adolescents with type 1 diabetes mellitus in Eastern Nepal. Dr. Sagun Khanal, Senior Resident, Pediatrics
6	2719/024	Prevalence of Functional Constipation in Children at a Tertiary Center. Dr. Bipesh Kumar Shah, Senior Resident, Pediatrics
7	2720/024	Assessment of Distance between buccal Cortex and inferior Alveolar Nerve Harvesting Rams Bone using Cone Beam Computed Tomography: A Retrospective Study. Dr. Siddartha Rai, Senior Resident, Oral and Maxillofacial Surgery
8	2721/024	Spectrum of Clinical Symptomatology in H. pylori Dyspepsia. Dr. Vivek Malla, Assistant Professor, Gastroenterology and Hepatology
9	2722/024	Assessment of Single-and-Surface Atraumatic Restorative Treatment among School Children: A Time-to-Event Analysis. Dr. Santosh Kumari Agrawal, Associate Professor, Public Health Dentistry
10	2723/024	Clinico-epidemiological study of snakebite: An audit of thirteen years' data from a community-based treatment center of eastern Nepal. Prof. Dr. Sanjib Kumar Sharma, Professor, Internal Medicine
11	2724/024	Anatomical Variations Detected in the arterial Arches of the Palm: A Case Report. Dr. Laxman Khanal, Additional Professor, Anatomy
12	2843/024	Laparoscopic Heller myotomy with Dor's fundoplication: An early experience from a resource-limited setting in eastern Nepal. Dr. Kunal Bikram Deo, Associate Professor, Gastrointestinal Surgery
13	2844/024	Clinical and Immunological profile of patients with mixed connective tissue disease. Dr. Ujjwol Prasad Risal, Assistant professor, Internal medicine

S. N.	IRC No	Title & Name of the Researcher
14	2845/024	Endo- Loop versus interrupted suture closure of gallbladder remnant during laparoscopic subtotal cholecystectomy- a retrospective analysis of our experience at a high- volume centre of eastern Nepal. Dr. Abhijeet Kumar, Associate Professor, Surgery.
15	2889/024	Assessment of post- procedure complications following chest tube drainage in pleural effusion patients: An observational retrospective study. Dr. Rejina Shah, Assistant Professor, Pulmonary and Critical Care and Sleep Medicine.
16	2891/024	Assessment of package of essential non-communicable disease intervention (PEN) implemented at health center I, Mechinagar municipality. Prof Dr. Anup Ghimire, Professor, SPH & CM
17	2902/024	Comparison of perception of whole body donation among medical students at BPKIHS. Dr. Sandip Shah, Additional Professor, Anatomy
18	2907/024	Assessment of oral hygiene practices and utilization of oral health services among patients visiting an outreach dental clinic, Chatara, Nepal. Dr. Ashish Shrestha, Professor, Public Health Dentistry
19	2908/024	Analysis of pH and sugar in commercially available soft drinks in Dharan, Nepal. Dr. Ashish Shrestha, Professor, Public Health Dentistry
20	2909/024	Viral etiologies and clinical characteristics of acute respiratory infections in children admitted at B. P. Koirala Institute of Health Sciences, Nepal. Dr. Shipra Chaudhary, Additional Professor, Pediatrics
21	2911/024	Global Maternal and Newborn Health Platform Asia- Pacific: Nepal Dr. Pappu Rijal, Professor, Gynaecology
22	2915/024	Evaluation of the maternal & newborn health simulation lab centers of excellence in seven referral hospitals of Nepal. Dr. Jyotsana Yadav, Associate Professor, Gynaecology
23	2918/024	Comparative Evaluation of Maxillary First Permanent Molar Position in Class I and Class II Division 1 Malocclusion. Dr. Avinash Chaudhary, Assistant Professor, Orthodontics
24	2919/024	Assessment of Normative Orthodontic Treatment Need of Children and Their Parents' Need on Child's Orthodontic Treatment Visiting a Tertiary Care Center of Koshi Province. Dr. Tarakant Bhagat, Additional Professor, Public Health Dentistry
25	2920/024	Patient Safety Culture Among Dental Staff in a Tertiary Care Center of Koshi Province, Nepal. Dr. Tarakant Bhagat, Additional Professor, Public Health Dentistry
26	2922/024	Assessing Correlation Between Peripheral Neuropathy Score and Angle of Dorsiflexion of Ankle Joint Among Diagnosed Cases of Type 2 Diabetes Mellitus. Dr. Laxman Khanal, Additional Professor, Anatomy

S. N.	IRC No	Title & Name of the Researcher
27	2662/023	Clinico- Demographic profile of completely edentulous patients in a tertiary care centre of Nepal within ten years duration M Pre- and post – covid comparison. Dr. Bishal Babu Basnet, Associate Professor, Department of Prosthodontics.

Research proposals approved by the current Research Committee
Date: 2082.11.17 & 2082.11.24

SN	Title & Name of the researcher	IRC No.	Remarks
1	Validation of COPCORD Questionnaire in Nepali Language for the Detection of Rheumatic Disease in Nepali Population. Dr. Bishnu Pokharel, Associate Professor, Department of Orthopedics	3001/025	Approved
1.	Clinical Characteristics and Outcome of Patients with Ingestion of Wild Honey. Dr. Mrikchhya Ghimire, Senior Resident/ Lecturer, Department of GP and EM	2928/024	Approved
2.	Prevalence of Hematuria and its Association with Severity of Urinary Tract Infection in Children at B. P. Koirala Institute of Health Sciences, Dharan. Mukesh Bhatta, Associate Professor, Department of Pediatrics and Adolescent Medicine	2924/024	Approved
3.	Orthodontic Treatment expectations of patients visiting the B. P. Koirala Institute of Health Sciences, Dharan. Dr. Samikshya Sangraula, Senior Resident/ Lecturer, Department of Orthodontics	2917/024	Approved
4.	Evaluation of Frequency of Deep Section in Oral Biopsy Sample Received at A Tertiary Dental Hospital in Eastern Nepal. Dr. Toniya Raut, Senior Resident/ Lecturer, Department of Oral Pathology, BPKIHS	2913/024	Approved
5.	Evaluation of Digital Eye Strain in Children Aged 6 to 16 Years of Eastern Nepal. Dr. Ayush Dahal, Senior Resident/ Lecturer, Department of Ophthalmology,	2925/024	Approved
6.	A CBCT Assessment of Cortical Bone Thickness of Maxillary and Mandibular Arch for Dental Implant Placement. Name: Dr. Shweta Agrawal, Associate Professor Department of Periodontology and Oral Implantology, BPKIHS	2904/024	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
7.	Prevalence of Multimorbidity and Cardiovascular Disease Risk Factors among Community-Dwelling Adult Population in Eastern Nepal: A Retrospective Analysis from The KHDC Nepal Cohort. Prof. Dr. Sanjib Kumar Sharma, Professor, Department of Internal Medicine	2841/024	Approved
8.	Title: Computed Tomographic Evaluation of Seizure in Adults at BPKIHS. Name: Nishant Mishra, Associate Professor Department of Radiodiagnosis and Medical Imaging	2910/024	Approved
9.	Computed Tomography Evaluation of Normal Appendix. Name: Sapana Koirala, Assistant Professor Department of Radiodiagnosis and Medical Imaging	2846/024	Approved
10.	Clinical and Epidemiological Characteristics of Paraquat Poisoning in the Emergency Department of B.P. Koirala Institute of Health Sciences. Dr. Ritesh Chaudhary, Additional Professor Department of General Practice and Emergency Medicine	2927/024	Approved
11.	Perioperative Level of High Sensitivity Troponin I in Patients undergoing Cardiac Surgery under Cardioplegic Arrest and its Association with Postoperative Left Dysfunction and 30-Days Mortality. Dr. Lokesh Shekher Jaiswal, Associated Professor, Department of Cardiothoracic and Vascular Surgery	2997/025	Approved
12.	Practice of fluid therapy in critically III invasively ventilated patients (PRoFLUID): An International multicenter observational cohort study. Name: Dr. Sabin Bhandari, Assistant Professor, Department of Anesthesiology, BPKIHS	2998/025	Approved
13.	Prevention of persistent pain with lidocaine infusion in breast cancer surgery. Name: Dr. Asish Subedi, Professor, Department of Anesthesiology, BPKIHS	2996/025	Approved
14.	Obstetric complications and outcomes in prolonged second stage of labour at BPKIHS: A cross-sectional study. Name: Dr. Archana Kumari Sah, Senior Resident, Department of Obstetrics and Gynecology, BPKIHS	2842/024	Approved
15.	Key Factors Influencing Interest in Studying Anatomy from Students' Perspective. Dr. Laxman Khanal, Additional Professor, Department of Anatomy, BPKIHS	2923/024	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
16.	Evaluation of Outcomes and Complications Following Ultrasound-Guided Chemoport Insertion by Surgenos in Cancer Patients: A Retrospective Study Name: Dr. Bhawani Khanal, Associated Professor, Department of Surgery, BPKIHS	3004/025	Approved
17.	Enhanced Recovery after Thyroid Surgery: A Prospective Comparative Cohort Study. Deepak Poudel, Additional Professor, Department of ENT & Head and Neck Surgery, BPKIHS	2995/025	Approved
18.	Preparation Regarding Ultrasonic Scaling in Dental Patients Visiting a Tertiary Care Centre of Koshi Province Dr. Khushbu Adhikari, Associate Professor, Department of Periodontology and Oral Implantology, BPKIHS	2935/024	Approved
19.	Delayed Presentation of Oral Cancer Patients Visiting a Tertiary Care Center, BPKIHS, Dhanarn, Sunsari, Nepal: A Qualitative Study Name: Dr. Abhinaya Luitel, Assistant Professor, Department of Oral Medicine and Radiology, BPKIHS	2985/025	Approved
20.	Professional Profile and Gender Representation of Anatomy Faculties in Medical Schools of Nepal Name: Dr. Sarun Koirala, Professor Department of Human Anatomy, BPKIHS	2987/025	Approved
21.	Knowledge, Attitude and Practice of Complementary and Alternative Medicine among Health Science Students in a Tertiary Care Institution in Nepal Dr. Dipesh Raj Panday, Associate Professor, Department of Pharmacology, BPKIHS	3013/025	Approved
22.	Hypothyroidism among Children with Nephrotic Syndrome Admitted to Tertiary Care Center Hospital, BPKIHS, Dharan Name: Dr. Lalan Prasad Rauniyar, Senior Resident/ Lecturer, Department of Pediatrics, BPKIHS	3127/025	Approved
23.	Re- Use of Ambu aScope as an Alternative to a Choledochoscope during Exploration of the Common Bile Duct for Stones in Low-Resource Setting Name: Dr. Abhijeet Kumar, Associate Professor, Department of Surgery, BPKIHS	2994/025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
24.	An Observational Study to Assess Block and its Characteristics in the Emergency Department of B.P. Koirala Institute of Health Sciences. Name: Dr. Ritesh Chaudhary, Additional Professor Department of General Practice and Emergency Medicine, BPKIHS	2712/024	Approved
25.	Short Term Utility and Outcomes in Abdominal Wall Reconstruction in Complex Ventral Hernia Patients: A Single Institution Based Prospective Study Name: Dr. Bhawani Khanal, Associated Professor Department of Surgery, BPKIHS	1789/020	Approved
26.	Clinical Profile of Acute on Chronic Liver Failure Patients in Tertiary Care Center Hospital, BPKIHS, Dharan, Nepal Name: Prof. Dr. Bikram Pradhan, Professor Department of Gastroenterology & Hepatology, BPKIHS	2900/024	Approved
27.	Retrospective Study of Clinical Profile and Management Outcome of Granulomatous Mastitis Name: Dr. Sarada Khadka, Associate Professor, Department of Surgery, BPKIHS	3003/025	Approved
28.	Peripheral Vascular Pattern of Oral Cancer and Oral Potential Malignant Disorder and its Association with Grades of Epithelial Dysplasia Name: Dr. Pragya Regmee, Associate Professor, Department of Oral Medicine and Radiology, BPKIHS	3007/025	Approved
29.	A Single Center Radiographic Study on Temporomandibular Joint Condylar Morphology from Eastern Nepal Name: Dr. Pragya Regmee, Associate Professor Department of Oral Medicine and Radiology, BPKIHS	3008/025	Approved
30.	Morphological Variation of Coronoid Process and Sigmoid Notch in Patients Visiting Tertiary Care Hospital of Eastern Nepal Name: Dr. Pragya Regmee, Associate Professor Department of Oral Medicine and Radiology, BPKIHS	3009/025	Approved
31.	Assessment of Anterior Loop of Inferior Alveolar Nerve and Mental Foramen- A CBCT Based Cross-Sectional Study Name: Dr. Shweta Agrawal, Assistant Professor Department of Periodontology and Oral Implantology, BPKIHS	3128/025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
32.	Health risk knowledge about secondhand smoke exposure, protective practices, and smoking initiation susceptibility among medical and dental students: A cross-sectional study from Nepal tudy Name: Dr. Ramayan Prasad Kushwaha, Associate Professor, Department of Pharmacology, BPKIHS	3129.025	Approved
33.	Comparative Analysis between Bony Invasion and Nodal Metastasis, Pattern, Mode and Depth of Invasion in Oral Squamous Cell Carcinoma: A Retrospective Analysis Name: Dr. Neetu Jain, Assistant Professor, Department of Oral Pathology, BPKIHS	3061.025	Approved
34.	Validation of Patient Satisfaction Questionnaire-18 (PSQ-18) into the Nepali Version in the Outpatient Department of Psychiatry of Tertiary Care Centre in Eastern Nepal Name: Dr. Aswin Kumar Dawadi, Senior Resident/ Lecturer, Department of Psychiatry, BPKIHS	3153.025	Approved
35.	Menstruation and Suicide: A Forensic Approach to Female Suicide Based on Medicolegal Autopsy Data Name: Dr. Abhishek Karn, Additional Professor, Department of Forensic Medicine & Toxicology, BPKIHS	3137.025	Approved
36.	Awareness, Perceptions, and Attitudes of Patients Undergoing Contrast-Enhanced CT towards Associated Risks: A Cross-Sectional Study at a Tertiary Care Teaching Hospital in Nepal Name: Mr. Ranjit Kumar Jha, Assistant Professor, Department of Radio Diagnosis & Imaging, BPKIHS	3148.025	Approved
37.	Financial Literacy among Healthcare Professionals at a Tertiary Care Teaching Hospital in Eastern Nepal Name: Dr. Deependra Prasad Sarraf, Additional Professor Department of Clinical Pharmacology and Therapeutics, BPKIHS	3157.025	Approved
38.	Financial Burden of Oral Cancer Treatment on Households of Patients Visiting a Tertiary Care Center in Eastern Nepal Name: Dr. Abhinaya Luitel, Assistant Professor, Department of Oral Medicine and Radiology, BPKIHS	3154.025	Approved
39.	Evaluation of Bite Force Recovery in Patients Treated for Mandibular Fractures Name: Dr. Pradeep Acharya, Additional Professor, Department of Oral and Maxillofacial Surgery, BPKIHS	3241.025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
40.	Diagnostic Accuracy of Imprint Cytology in Sentinel Lymph Node Evaluation of Breast Cancer Patients in a Resource-Limited Setting Name: Dr. Sarada Khadka, Associate Professor Department of Surgery, BPKIHS	3233.025	Approved
41.	Using Assessment Trends for Early Detection of Students Needing Additional Curricular Support (SNACS) among Medical Students at BPKIHS, Nepal: A Retrospective Study on Academic Performance Name: Dr. Sandip Shah, Additional Professor, Department of Human Anatomy, BPKIHS	3158.025	Approved
42.	Mapping Superficial Vein Variants in the Cubital Fossa: A Descriptive Study among Medical Undergraduates of BPKIHS, Nepal Name: Dr. Samyog Mahat, Assistant Professor, Department of Human Anatomy, BPKIHS	3199.025	Approved
43.	Study on Prevalence of Headache in Children with Refractive Error Presenting to Ophthalmology Department of BPKIHS Name: Dr. Ayush Dahal, Senior Resident, Department of Ophthalmology, BPKIHS	2938.024	Approved
44.	Comparative Analysis of Mitotic Figures in Different Grades of Squamous Cell Carcinoma Using Leishman's Stain, Crystal Violet Stain and Hematoxylin and Eosin Stain Name: Dr. Sashi Keshwar, Associate Professor, Department of Oral Pathology, BPKIHS	2914.024	Approved
45.	An Audit of Older Adults Visiting a Comprehensive Geriatric Assessment-Based Frailty and Multimorbidity Clinic at a Tertiary Care Hospital in Nepal Name: Dr. Pradip Katuwal, Senior Resident, Department of Internal Medicine, BPKIHS	2989.025	Approved
46.	Clinical Characteristics, Risk Factors and Outcome in Patients with Cerebellar Stroke in Eastern Nepal Name: Dr. Navin Kumar Sah, Senior Resident, Department of Internal Medicine, BPKIHS	2993.025	Approved
47.	Assessment Of Autonomic Function by Heart Rate Variability in Patients with Alcoholic Liver Disease Name: Dr. Rekha Limbu, Assistant Professor, Department of Basic and Clinical Physiology, BPKIHS	3034.025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
48.	Self-Treatment in Dysmenorrhea: Drug Pattern and Outcomes – A Descriptive, Cross-Sectional Study at B.P. Koirala Institute of Health Sciences, Eastern Nepal Name: Dr. Namita Kumari Mandal, Associate Professor Department of Pharmacology, BPKIHS	3138.025	Approved
49.	Screening of Diabetes Mellitus in Pediatric Population Using Glucometer at BPKIHS Name: Dr. Arun Kumar Singh, Associate Professor Department of Pediatrics & Adolescent Medicine, BPKIHS	3147.025	Approved
50.	Perceived Knowledge of Dental Students Regarding Molar Incisor Hypomineralization in BPKIHS: A Cross-Sectional Study. Name: Dr. Tarakant Bhagat, Additional Professor Department of Public Health Dentistry, BPKIHS	3149.025	Approved
51.	Malocclusion and its impact on oral health-related quality of life in Nepalese patients Name: Dr. Avinash Chaudhary, Assistant Professor, Department of Orthodontics, BPKIHS	3155.025	Approved
52.	Knowledge, attitude and perception regarding the future of artificial intelligence in Oral Medicine and Radiology among Phase II dental students at BP Koirala Institute of Health Sciences, Dharan, Nepal Name: Dr. Abhinaya Luitel, Assistant Professor Department of Oral Medicine and Radiology, BPKIHS	3168.025	Approved
53.	Etiologies and Outcome of Pancytopenia in Patients Admitted in Internal Medicine Department Of BPKIHS Name: Dr. Sonali Nayak, Assistant Professor, Department of Internal Medicine, BPKIHS	3201.025	Approved
54.	Knowledge, Attitude and Perception of Medical, Dental and Nursing Undergraduate Students Towards Artificial Intelligence in Tertiary Care Center of Eastern Nepal: A Cross Sectional Study Name: Dr. Tarakant Bhagat, Additional Professor, Department of Public Health Dentistry, BPKIHS	3204.025	Approved
55.	Mastalgia as Predictor of Malignancy; A Cross-Sectional Study Name: Dr. Sarada Khadka, Associate Professor, Department of Surgery, BPKIHS	3234.025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
56.	Identifying Risk Factors for Diabetic Foot Ulcer-A Case-Control Study Name: Dr. Ajay Kumar Yadav, Additional Professor Department of General Practice & Emergency Medicine, BPKIHS	3238.025	Approved
57.	Effectiveness of Multimedia-Based Oral Health Education on Oral Hygiene Status among Hearing Impaired Students of Koshi Province: A Quasi-Experimental Study Name: Dr. Santosh Kumari Agrawal, Associate Professor, Department of Public Health Dentistry, BPKIHS	3239.025	Approved
58.	Comparative analysis of surgical Apgar and POSSUM score in predicting postoperative morbidity and mortality in emergency laparotomy Name: Aakash Giri, Senior Resident Department of Surgery, BPKIHS	3244.025	Approved
59.	Clinical Profile and Early Outcome Patients with Pacemaker Implantation at a BPKIHS: Retrospective Study Name: Dr. Naveen Kumar Pandey, Additional Professor, Department of Cardiology, BPKIHS	3245.025	Approved
60.	Iron status in children with febrile seizure admitted to BPKIHS; A cross-sectional study Name: Dr. Subash Basnet, Assistant Professor, Department of Pediatrics & Adolescent Medicine, BPKIHS	3246.025	Approved
61.	Vitamin D and Mineral Imbalances in Patients Undergoing Hemodialysis Name: Dr. Seraj Ahmed Khan, Additional Professor, Department of Biochemistry, BPKIHS	3200.025	Approved
62.	Association of Severity of Periodontitis with Glycated Hemoglobin levels in Patients with Type 2 Diabetes Mellitus at B.P Koirala Institute of Health Sciences Name: Dr. Khushbu Adhikari, Associate Professor Department of Periodontology and Oral Implantology, BPKIHS	3256.025	Approved
63.	Senior Community Health Volunteer for Education and Advocacy on Reducing NDC burden: A qualitative study to assess the feasibility of employing older community health volunteers in noncommunicable disease control programs Name: Dr. Sanjib Kumar Sharma, Professor, Department of Internal Medicine, BPKIHS	3015.025	Approved

SN	Title & Name of the researcher	IRC No.	Remarks
64.	Clinical Profile, Angiographic Characteristics and In-Hospital Outcome of Patients admitted for Acute Coronary Syndrome in BPKIHS: A Retrospective Study Name: Dr. Naveen Kumar Pandey, Additional Professor, Department of Cardiology, BPKIHS	3202.025	Approved
65.	Study of Prevalence and Pattern of Peripheral Neuropathy in Patients with Alcoholic Liver Disease Name: Dr. Rekha Limbu, Assistant Professor, Department of Basic and Clinical Physiology, BPKIHS	3035.025	Approved
66.	Profile of Serum Electrolytes among Patients Admitted at Pediatric Emergency and Ward of Tertiary Care Centre: A Cross-sectional Study Name: Dr. Bipesh Kumar Shah, Senior Resident, Department of Pediatrics & Adolescent Medicine	2655.023	Approved
67.	Hospital Based Profile of Wheezing in Children under 5 Years Admitted at BPKIHS Name: Dr. Basant Rai, Assistant Professor, Department of Pediatrics & Adolescent Medicine	2669.023	Approved
68.	A Single-center Retrospective Study Representing the Clinicopathological Features of Various Oral Squamous Cell Carcinoma Name: Dr. Neetu Jain, Senior Resident, Department of Oral Pathology	2543.023	Approved
69.	Comparative analysis of verrucous-papillary lesions of the oral cavity: retracing the clinicopathological conundrum Name: Dr. Neetu Jain, Senior Resident, Department. of Oral Pathology	2649.023	Approved

- **Research Forum Meet**

Convener: Prof. Dr. Nirmala Limbu

S. N.	Date	Title of presentation/authors	Presenter
1	14.08.2025	Clinico-Demographic Profile of Completely Edentulous Cases in a Tertiary Care Centre of Nepal within Ten Years' Duration: Pre- and Post-COVID Comparison.	Basnet BB
2		Endo-loop Versus Interrupted Suture Closure of Gallbladder Remnant During Laparoscopic Subtotal Cholecystectomy: A Retrospective Analysis of Our Experience at a High Volume Centre in Eastern Nepal.	Kumar A

S. N.	Date	Title of presentation/authors	Presenter
3		Risks and Benefits of Hormone Replacement Therapy (HRT) among Women Visiting Gynecology OPD of BPKIHS: A Descriptive Cross-Sectional Study.	Panday DR
4	18.01.2026	Fracture in Residency: A Surge in Penile Fracture during COVID-19 Pandemic: A Single Year, Single Center Experience during Residency from Eastern Nepal.	Kafle A
5		Analysis of Cardiothoracic Vascular Services at a Tertiary Care Center of Eastern Nepal: A Retrospective Single Center Study.	Sah B
6		Assessment of Endo-Perio Lesions Among Patients Attending a Tertiary Care Center of Province One.	Agrawal S
7		Assessment of Post-Procedural Complications Following Chest Tube Drainage In Pleural Effusion Patients: An Observational Retrospective Study.	Shahi R
8	25.02.2026	Outcome of Locking Plate Fixation of Proximal Humeral Fractures by Deltopectoral Approach Versus Deltoid Splitting Approach.	Baral P
9		Use of Obstetric Early Warning Score for Prediction of Adverse Maternal Outcome in Critically III Obstetric Population: A Single-Centre Study in Nepal	Chhetry M
10		Clinico-Pathological Study of Ovarian Tumor at BPKIHS, A 5-Year Experience in Tertiary Health care centre	Shah R
11		Periodontal Practice and Referral of Patients by General Dental Practitioners in Province no. 1, Nepal.	Acharya P
12		Clinical Profile of Coexisting Condition in Children and Adolescents with Type 1 diabetes Mellitus in Eastern Nepal	Khanal S
13		Cephalometric Evaluation of Maxillary Central Incisor Crown-Root Morphology in Different Skeletal Malocclusions	Gyawali R
14	14.05.2026	Computed Tomographic Evaluation of Seizures in Adults at BPKIHS. Mishra N, Gupta MK, Shah PK, Devkota K, Mukhiya G and Shah BK.	Mishra N
15		Dislipidemia in Type I Diabetes Mellitus in Children. Singh AK.	Singh AK.
16		Re-use of AmbuaScope During Exploration of the Common Bile Duct for Stones in Low-Resource Settings- a Retrospective Study. Kumar A, Khanal B, Dhakal Y, Gupta RK, Sah BK, Regmi PR, Sah VP, and Sah SP.	Kumar A
17		Morphometric Evaluation of Adult Clavicle Using Computed Tomography in Nepalese Population. Adhikari K., Devkota K and Koirala S,	Adhikari K.,
18		Computed Tomography Evaluation of Normal Appendix. Koirala S. and Adhikari K	Koirala S

S. N.	Date	Title of presentation/authors	Presenter
19		Viral Etiologies and Clinical Characteristics of Acute Respiratory Infections in children admitted at BP Koirala Institute of Health Sciences, Nepal. Chaudhary S, Bhattarai NR, and Das R.	Chaudhary S
20		Perception of Whole Body Donation Among Medical Students at BPKIHS. Shah S, Baral P and Koirala S	Shah S
21		Comparative evaluation of periodontal status between premenopausal and postmenopausal women visiting a tertiary care hospital in Province no. 1, Nepal. Acharya P, Shrestha S, Adhikari K, Agrawal S, Gautam U.	Acharya P
22		Using Assessment Trends For Early Detection of Students Needing Additional Curricular Support (SNACS) Among Medical Students At BPKIHS, Nepal: A Retrospective Study On Academic Performance. Shah S and Koirala S.	Shah S
23	16.07.2026	Assessment of Oral Hygiene Instructions and Motivation in Patients by General Dental Practitioners and Periodontists. Adhikari K, Acharya P, and Baral D.	Adhikari K
24		Evaluation of Bite Force Recovery in Patients Treated for Mandibular Fracture. Acharya P, Dongol A, Yadav AK, Jaisani MR, Bastola P.	Acharya P
25		Awareness, Perceptions, and Attitudes of Patients Undergoing Contrast-Enhanced CT Towards Associated Risks: A Cross-Sectional Study at a Tertiary Care Teaching Hospital in Nepal. Jha RK, Shah PK, and Mukhiya G.	Jha RK
26		Professional profile and gender representation among anatomy faculty working in medical schools of Nepal. Koirala S, Mansur D, Shrestha A, Shah S, Khanal L, Baral P, Shrestha S, and Mishra J.	Koirala S

3. CONFERENCES/ WORKSHOPS/ SYMPOSIUM/TRAININGS

- Workshop conducted on "Basic Health Research Methodology" on 19th -21st April 2026.
- **Research Hour (Episode 1): "**Understanding Data Distribution and the Normal Distribution", held on 22nd June 2026, delivered by **Dr. Shailesh Bhattarai**.
- **Research hour (Episode 2):** "Formulation of research question and hypothesis," held on 29th July 2026, delivered by **Prof. Dr. Rajiv Maharjan**.

4. SWOT ANALYSIS

Strengths ● Dedicated institutional office with a clear mandate to coordinate and strengthen research activities. ● Existing research expertise among faculty.	**Weaknesses** ● Newly established office with limited experience, systems, and established processes. ● Inadequate office infrastructure, equipment, and dedicated administrative support, including a clerk.
Opportunities ● Growing opportunities for national and international research collaboration, competitive grants, and external funding. ● Opportunity to establish efficient research systems and build a stronger research culture across BPKIHS.	**Threats** ● Limited institutional resources may constrain research infrastructure, funding, and programme development. ● Increasing competition for research funding, collaborations, and skilled researchers.

5. PLAN OF ACTION

Organization of research activities

- Develop the institutional systems and compliance framework required for international grant funding.
- Strengthen faculty capacity in grant writing and facilitate the development of international research collaborations.
- Reinstate institutional research funding to support high-quality research
- Develop an annual calendar of research activities at BPKIHS

Infrastructure development

- Establish a fully functional Office of the Dean of Research with a meeting room.
- Recruit 1 full-time clerk and 1 helper to support office activities.

8. OFFICE OF THE HOSPITAL DIRECTOR

8.1 HOSPITAL ADMINISTRATON

ADMINISTRATIVE TEAM

Dr. Indra Kumar Limbu,	Associate Professor & Hospital Director
Dr. Vijay Shrestha	Associate Professor & Assistant Hospital Director
Dr. Shweta Jha, MDHA:	Senior Resident
Mr. Ashok Kumar Sah**:**	Deputy Manager & Chief, Hospital Administration Division
Mr. Manoj Kumar Yadav**:**	Senior Housekeeping Officer
Mr. Manoj Ghimire:	Personal Secretary
Mr. Gokul Khanal:	Personal Secretary
Ms. Rusha Maskey:	Sr. Administrative Assistant
Mr. Manoj Dhungel:	Sr. Administrative Assistant (Housekeeping)
Ms. Rosemary Majhi:	Computer Clerk
Mr. Hari Kumar Shrestha:	Computer Clerk
Mr. Bandis Pokhrel:	Computer Clerk
Ms. Gyanu Maya Ghimire:	Senior Foreman
Ms. Kaushila Ghimire:	Helper (Level 1)

1. HOSPITAL DIRECTOR OFFICE PROFILE

a. Vision & Mission

B.P. Koirala Institute of Health Sciences is an autonomous, tertiary level health institution serving eastern Nepal and adjoining districts of India. The Hospital Administration plays a pivotal role in facilitating high-quality patient care, supporting clinical services, maintaining infrastructure and implementing government health programs efficiently. The Office of the Hospital Director is central to ensuring smooth and effective hospital operations across all departments and support services. The major responsibilities, key programs, and operational support services are outlined below.

b. Major Responsibilities

1. Outpatient Services Management

Ensuring the seamless operation of General OPDs, Specialty and Super-specialty clinics and Extended Hospital Services (EHS) to provide timely, patient-centered outpatient care.

2. **Coordination of Clinical Services**
   Coordinating with all relevant departments to ensure uninterrupted availability of medical consumables and seamless management of both inpatient and outpatient services.
3. **Infection Control and Infrastructure Maintenance**
   Leading initiatives in infection prevention, waste management and maintaining hospital facilities to uphold safety and hygiene standards.
4. **Supervision of Support Services**
   Overseeing critical units such as CSSD, Laundry, Medical Records, Housekeeping, Hospital Kitchen, Incinerator and Oxygen Plant to ensure their optimal functioning.
5. **Diagnostic and Emergency Services**
   Facilitating prompt access to laboratory, radiology and emergency diagnostic services to support accurate diagnosis & effective patient management.
6. **Free Care and Patient Counseling**
   Providing counseling and facilitating access to subsidized and free healthcare services for economically disadvantaged patients to promote healthcare equity.
7. **Implementation of Government Health Schemes**
   Administering programs such as Bipanna Nagrik, Swasthya Bima, Geriatric and Social Service initiatives, ensuring transparent & efficient delivery.
8. **Medical Equipment Oversight**
   Coordinating with Electro-Biomedical Division to maintain, repair and procure medical equipment, ensuring state-of-the-art technology availability.
9. **Committee Coordination and Governance**
   Supporting functional committees focused on quality, safety, infection control and various hospital operations to uphold standards & policies.
10. **Patient Grievance Handling and Service Improvement**
    Addressing patient complaints and feedback promptly and coordinating with concerned departments to improve patient satisfaction and service quality.

A. Key Programs

1. **Health Welfare Scheme (HWS)**
   Provides subsidized care to staff, faculty, and students (80% rebate for faculty/staff/postgraduates, 90% for undergraduates). In FY 2082/083, services worth Rs. 42891018/-a were delivered.
2. **Social Service Unit (SSU) and Geriatric Program**
   Supports marginalized groups and senior citizens. During FY 2082/083, Rs. 28252600/22 was spent on SSU services and Rs. 1876166/93 on senior citizen care, promoting health equity.
3. **Bipanna Nagrik Program**
   Assists patients with severe illnesses such as cancer, heart disease, and renal failure, providing up to NPR 1 lakh in treatment costs Rs. 108782065 was disbursed under this scheme in FY 2082/083.
4. **Swasthya Bima Program**
   Facilitates insurance-based health care, serving as first-contact and referral center, with Rs. 66,51,69,352 worth of services in FY 2082/083.

5. **One-Stop Crisis Management Center (OCMC) Program**
   Provides free support (medical, psychological, legal) for GBV survivors, with Rs. 1733716 allocated in FY 2082/083.

B. Operational Support Services

1. Hospital Rounds

Conducted regularly by the Vice Chancellor and Hospital Director to review and improve service quality.

2. Equipment Maintenance:

Routine and preventive maintenance supported by the Electro-Biomedical Section and contracted services.

3. Civil, Electrical and Computer:

Routine and preventive maintenance by Civil, Electrical and Computer maintenance.

4. Laundry & Infection Control:

Ensuring hygienic linen processing and pest control through scheduled fogging and insecticide spraying.

5. High-Wash Services:

Intensive cleaning in wards, ICUs, labs, and other critical areas to minimize infection risks.

C. Progress Key Indicators

1. General

SN	Indicators	2080/081	2081/082	2082/083
1	Total OPD clients	564918	574973	669102
2	Total Emergency clients	79005	94980	72949
3	Total Inpatient clients	41011	47879	63845
4	Total EHS clients	34579	40534	44519
5	Total ICU clients	2557	4113	3639
6	Bed occupancy rate	52.9%	53.0 %	70.4%
7	Average length of stay	3.8 Days	3.2 Days	2.8 Days
8	Number of Total Beds	913	913	913
9	Number of Free beds	131	131	131
10	Number of Geriatric beds	5	5	5
11	Number of Geriatric clients	57183	63505	5133
12	Number of Hemodialysis clients	330	405	350
13	CS rate (out of total delivery)	45.7%	50.9%	56.8%
14	Number of Hospital deaths (EMG)	540 (0.68%)	452 (0.47%)	483(0.66%)
15	Number of Hospital deaths (IPD)	540 (1.31%)	316 (0.65%)	414(0.65%)
16	Number of hospital death audited	All	All	All

SN	Indicators	2080/081	2081/082	2082/083
17	Number of CATH Lab Services	1706	1476	1226
18	Average number of laboratory tests per day	6385.0	5541.4	9155.2
19	Number of radiographic images per year	742.82	755.1	865.8
20	Number of clients served in Bipanna Nagrik Program	1291	1322	1152
21	Number of Clients served by OCMC	64	134	174
22	Number of Clients served by SSU	4404	8699	6281
23	MSS Score	66%	75%	78%

2. Surgery

SN	Departments	2080/081	2081/082	2082/083
1	General Surgery	2750	2889	2719
2	Pediatric-Surgery	420	376	626
3	Neuro-Surgery	140	162	210
4	Endo-Uro-Surgery	3572	4118	4541
5	Plastic Surgery	0	19	0
6	CTVS	631	829	535
7	Gastro (GI)	205	237	220
8	Ophthalmology	332	376	321
9	Obs& Gynecology	5459	5332	5714
10	Breast /Endocrine Surgery	0	634	1602
11	Orthopedics	4266	4083	4550
12	ENT	1786	2609	2436
13	Dentistry	141	165	199
14	Dermatology	9818	9934	10696
15	Psychiatric (MECT)	77	67	40
Total		**29597**	**31830**	**34409**

3. Radiology

SN	Particular	2080/81	2081/2082	2082/2083
		No.	No.	No.
1	X-ray	144224	150605	155289
2	USG	58705	57246	70031
3	CT Scan	13921	11826	15699
4	Mammogram	161	998	1332
5	FNAC	1005	845	847
6	Doppler	1518	1425	2176
7	Others	1207	2081	2252
Total		**221363**	**225026**	**247626**

1. Procedure

SN	Department / Services	2080/081	2081/082	2082/083
		Nos.	Nos.	Nos.
1	**Cardiology**			
	ECHO	16766	17760	18143
	TMT	790	800	485
	ECG	42651	44386	43216
	ABPM/ Holter	329	457	312
3	**Gastroenterology and Hepatology**			
	Diagnostic Upper GI Endoscopy	736	1520	2123
	Colonoscopy	156	448	491
	ERCP	160	254	388
	Others	1833	1441	1046
4	**GI Surgery**			
	Endoscopy	392	471	543
	Colonoscopy	650	268	225
	Endoscopy/Colonoscopy with Biopsy	400	346	374
5	**Pulmonary , Critical care and sleep medicine**			
	Bronchoscopy	174	174	269
	TBNA	8	3	1
	TBLB	15	13	18
	BAL	138	149	209
	Biopsy	45	32	87
	EBUS	51	16	23
	Ultrasonography	0	0	0
	USG chest	333	208	308
	D.Thoracocentesis	62	64	88
	T.Thoracocentesis	71	65	87
	FNAC	40	22	39
	Biopsy	37	35	36
	Chest Tube	0	0	0
	ICT Insertion	78	79	109
	Pigtail Insertion	8	5	16
	Thoracoscopy	13	20	15
	Debulking procedure	0	0	0
	Chemotherapy	2	1	1
	PFT	390	205	407
	Brush(FNAC)bronchoscopy	49	39	68
	Sleep Study	86	38	11

2. Procedure (College of Dental Surgery)

S.N.	Department	2081/82	2082/83
1	Oral Medicine and Radiology	**20903**	20472
2	Oral & Maxillofacial Surgery	**21702**	18120
3	Prosthodontics	**12306**	11303
4	Pedodontics and Preventive Dentistry	**15381**	16147
5	Orthodontics	**8440**	8234
6	Public Health Dentistry	**NA**	NA
7	Periodontology and Oral Implantology	**12967**	11868
8	Conservative Dentistry and Endodontics	**26865**	22547
9	Oral Histology and Pathology	NA	NA
	Total	**118564**	**108691**

3. Bipanna Nagrik Program

S.N.	Disease	2080/081		2081/082		2082/083	
		No. of Patient	Amount (Rs.)	No. of Patient	Amount (Rs.)	No. of Patient	Amount (Rs.)
1	Alzheimer	2	6330	1	27695	3	8922.48
2	Cancer	385	16767860	458	20283550	421	11256231.82
3	Heart	344	27233652	267	21202148	203	17464830.88
4	Parkinson	44	639128	48	754467	14	39437.86
5	Spinal Injury	119	6425556	112	6045339	47	1658708.13
6	Hemodialysis	365	40465720	405	49967500	434	60052500.00
7	Peritoneal Dialysis	30	10954280	29	10371622	24	8837640.00
8	AKI / Medical Treatment	0	0	2	37032	0	
9	Head Injury	2	112100	2	92710	6	401313.38
	Total	**1291**	**102604626**	**1324**	**108782063**	**1152**	**99719584.55**

4. Social Service Unit (SSU)

S.N.	Target Group	2080/081			2081/82			2081/82		
		No. of Patient	No. of Services	Amount (Rs.)	No. of Patient	No. of Services	Amount (Rs.)	No. of Patient	No. of Services	Amount (Rs.)
1	Poor	940	7453	16928914	1243	7680	24355649	970	5160	24629217.04
2	Helpless	27	58	152743	58	156	621972	29	54	399022.97
3	Disability	32	170	231527	36	188	268973	10	44	77403.40
4	Marginized & Endangered Tribal Tribes	21	147	511525	21	90	572589	10	30	94560.20
5	Police Arrested (Prisoner)	63	125	180920	78	208	433546	121	271	432701.45
6	Disaster/ Natural Disaster	73	226	422650	123	377	811100	211	692	1895520.77
7	Senior Citizen	13457	56790	31319240	14503	63506	37168572	1498	5133	1876166.93
8	Burn							11	30	87607.52
	Total	**14613**	**64969**	**49747519**	**16062**	**72205**	**64232403**	**2860**	**11414**	**29492200.28**

2. PLAN OF ACTION

- Complete and commission the new MCH building.
- Install the upcoming high-end 3-Tesla MRI system.
- Launch an integrated Hospital Management Information System (HMIS) with EMR, digital registration, labs, radiology, pharmacy and analytics through Digital BPKIHS Project supported by government of India.
- Develop a 20-bed Step-Down Ward for critically ill patients.
- Create Dedicated 20-bed Post-Operative Ward.
- Increase ICU and HDU capacity in line with hospital bed expansion.
- Strengthen burn care services by enhancing infrastructure, ICU, HDU, and OT facilities, and ensuring specialist staff and advanced equipment for holistic burn management.
- Expand surgical capacity through operating theatre (OT) infrastructure upgrades and specialized departments (CNS, Oncology, and CTVS).
- Transform the COVID Hospital Building into a Rehabilitation Center.
- Expand Physiotherapy and Rehabilitation Services.
- Establish a Central Air-Conditioning (HVAC) Plant covering the entire hospital complex.
- Renovate Ward Blocks & Surrounding Areas for improved patient and staff comfort
- Develop and Implement an Inpatient Drug Distribution System for better inventory management
- Enhance Hospital Environment & Cleanliness by Strengthening Housekeeping Services, Laundry, Waste Management & Infection Control Measures.

8.2 HOSPITAL NURSING SERVICE

MEMBERS

Kala Thapa	: MATRON
Bishnu Maya Tamang (Chaudhary)	: DEPUTY MATRON
Kiran Deo	: SR. NURSING OFFICER
Anil Kumar Pande	: COMPUTER CLERK
Damber Kumari Adhikari	: SENIOR FOREMAN
Indira Chapagain	: HELPER 1

EXISTING HUMAN RESOURCE

1. Matron - 1
2. Deputy Matron - 1
3. Senior Nursing Officer - 16
4. Nursing Officer - 41
5. Senior Staff Nurse - 91
6. Staff Nurse - 511
7. Senior ANM - 65

8. Computer Clerk - 1
9. Health Aid - 74
10. Helper - 199
11. Daily Wages - 6
12. Total Nursing Staffs - 725

Existing Human Resource and their Posting/Working Areas

Posting/Working Area	Cadre/ Post	Number
Office of the Matron	Matron	1
	Deputy Matron	1
	Sr. Nursing Officer	1
	OCMC Nurse – Staff Nurse	2
	IP Control Nurse	2
	Computer Clerk	1
	Helper	2
Operation Theatre	Senior Nursing Officer	1
	Nursing Officer	9
	Senior Staff Nurse	22
	Staff Nurse	34
	Senior ANMs	2
	Health Aid	12
	Helper	21
Dialysis	Nursing Officer	1
	Senior Staff Nurse	9
	Staff Nurse	26
	Health Aid	1
	Helpers	5
	Daily Wages (Helper)	2
Hospital Infection Control	Nursing Officer	1
	Staff Nurse	1
College of Dental Surgery	Nursing Officer	1
	Staff Nurse	1
	Senior ANMs	16
OPDs		
Incharge	Nursing Officer	1
Dressing Room	Staff Nurse	1
Immunization Clinic	Senior ANM	1
VIA Clinic/FP/PMTCT Clinic (Gyane OPD)	Senior ANM	2
DOTs Clinic	Senior ANM	1
Radiology Department	Senior ANM	2

Posting/Working Area	Cadre/ Post	Number
Echocardiography/TMT	Senior ANM	2
Bronchoscopy Unit	Staff Nurse	1
Endoscopy (Surgery)	Sr. ANM	1
Endoscopy (Gastro)	Sr. staff Nurse/Sr. ANM	1+2
Medicine OPD	Senior ANM	1
Eye OPD	Senior ANM	1
ENT OPD	Senior ANM	1
Derma OT	Senior ANM	2
Cath Lab	Nursing Officer	1
	Senior Staff Nurse	2
CSSD	Nursing Officer	1
	Staff Nurse	4
	Sr. ANM	4
	Health AID	3
	Helper	5
Oncology Day Care	Nursing Officer	1
	Senior Staff Nurse	1
	Staff Nurse	2
	Helper	2

EXISTING HUMAN RESOURCE & POSTING/WORKING AREA:

S/N	Name of Incharges	Designation	Wards/Units
1	Kala Thapa	Matron	Office of the Matron
2	Bishnu Maya Tamang	Deputy Matron	Office of the Matron
3	Nisha Shrestha	Nursing Officer	Dental OPDs
4	Dhan Kumari Ghising	Nursing Officer	OPDs
5	Laxmi Shrestha	Nursing Officer	Emergency
6	Kiran Deo	Sr. Nursing Officer	ENT
7	Neelam Kumari Mandar	Sr. Nursing Officer	Ortho Ward
8	Jamuna Bhurtel	Sr. Nursing Officer	Paediatric II
9	Kalpana Shakya	Nursing Officer	Gynae ward
10	Indu Kumari Singh	Sr. Nursing Officer	Postnatal ward
11	Joshila Khadka	Nursing Officer	Psychiatric + De-addiction ward
12	Susan Lama	Nursing Officer	Day Care OT
13	Krishna Kumari Gupta	Sr. Nursing Officer	ICU/CCU/DICU
14	Tara Khadka	Nursing Officer	Paying-1
15	Ranjana Chaudhary	Sr. Nursing Officer	Routine OT
16	Manju Shrestha	Sr. Nursing Officer	Surgery III
17	Renuka Kumari Yadav	Sr. Nursing Officer	Paed. ER.
18	Anita Yadav	Sr. Nursing Officer	NICU/PICU/MICU
19	Sweety Bimal	Nursing Officer	Paediatric I

S/N	Name of Incharges	Designation	Wards/Units
20	Nuna Kumari Chaudhary	Sr. Nursing Officer	MCH II
21	Man Hira Karki	Nursing Officer	Gynae OT
22	Mina Limbu	Sr. Nursing Officer	Gynae ER/ ANW/Labour Room
23	Nita Shrestha	Sr. Nursing Officer	College of Nursing
24	Sita Kumari Chaudhary	Sr. Nursing Officer	College of Nursing
25	Beduka Pulami	Sr. Nursing Officer	College of Nursing
26	Debu Adhikari	Sr. Nursing Officer	College of Nursing
27	Anjushree Gurung	Nursing Officer	Tropical Ward
28	Devkant Chaudhary	Nursing Officer	Ortho Observation
29	Shanta Pata	Nursing Officer	SICU
30	Pabita Shah	Nursing Officer	Cath Lab
31	Kalpana Karki	Nursing Officer	Dialysis
32	Yam Devi Pun	Nursing Officer	Eye
33	Shova Kumari Kamat	Nursing Officer	Derma
34	Manju Deula	Nursing Officer	PCCU/MCCU
35	Gita G.C.	Nursing Officer	Medicine II
36	Rojita Shaykya	Nursing Officer	Medicine III
37	Punita Kumari Yadav	Nursing Officer	COVID- 19 Hospital/Dengue
38	Phul Maya B.K.	Nursing Officer	Surgery II
39	Nirmala Adhikari	Nursing Officer	CTVS
40	Saraswoti Shrestha	Nursing Officer	Neonatal
41	Kumari Kalpana Shah	Nursing Officer	MCH I
42	Ranjana Acharya	Nursing Officer	Emergency OT
43	Usha Chaudhary	Nursing Officer	CSSD
44	Suchana Chhetri	Nursing Officer	Medicine I
45	Dil Maya Kunwar	Nursing Officer	Surgery I
46	Kabita Dhakal	Nursing Officer	Hospital Infection Prevention and Control)
47	Sushmita Gupta	Sr. Staff Nurse	OCMC

1. GOALS/FUNCTIONS OF HOSPITAL NURSING

A. MANAGEMENT OF NURSING CARE AND SERVICE

- To provide quality nursing care to the patients/clients:
- Develop proper job descriptions for nursing personnel at all levels to provide better understanding of their job responsibilities and prevent duplication of work.
- Supervision and monitoring of nursing services
- Involve in monthly meeting of each ward and clarify the issues/concern of staffs
- Establish adequate staffing patterns for rendering efficient nursing service to clients.
- Develop and initiate proper evaluation and periodic monitoring systems for proper utilization of personnel.
- Assist hospital authority for effective personnel as well as hospital management.

- Participate in interdepartmental programmes and other programmes conducted by other disciplinary for improvement of hospital services.

B. EDUCATION, TRAINING AND STAFF DEVELOPMENT PROGRAMMES

- Conduction of orientation and training programmes for new employees in co-operation with authorities and other health disciplines.
- Encouraging a stimulating environment in which the personnel have opportunities to be creating innovators in the improvement of nursing services.
- Creating an atmosphere that is conducive to giving required learning experiences for the students.
- Initiation of continuing nursing education programmes to improve the practice of nursing in related/required areas and discipline affecting the quality of care.
- Coordination with the National Health Training Center, Provincial Health Training Center, MIDSON and other non-governmental organizations for providing training for the Nursing Personnel.
- Conduction of series of orientation programmes on infection prevention and control for faculties, nursing personnel, health and helper by Infection Prevention and Control (IPC) Nurses focusing on new updates in IPC.

C. SUPERVISION AND MONITORING

- Continue supervision and monitoring of each nursing personnel, health aids and helper by concerned incharge.
- Regular Night supervision in "AB" and "C" Block by incharges on rotation basis.
- Supervisory duty on Saturday and public holiday by some incharges not involved in night supervision and some of the senior staff nurses.
- Supervision and monitoring of nursing care as well as other patient care activities by matron and nursing supervisor on a regular basis.
- Supervision and monitoring of hospital infection prevention control related activities by HIPC Nurse.

D. NURSING RESEARCH

- Participation in identifying the areas of research.
- Facilitation in research activities proposed by various department, individuals
- Coordination to implement research findings in clinical settings.
- Creation of a conducive environment for research.

E. COMMUNITY HEALTH PROGRAMMES

- Participation of nursing personnel in various health camp programmes organized by hospital and community i.e. Municipality, VDC.
- Organization of formal and informal health education sessions on various occasions i.e. breastfeeding week, AIDS day, national and international nurse's day celebration, MIDSON day celebration with designated themes to raise public awareness.
- Initiation of Family Planning counseling in Gynecology and Obstetrics OPD

2. TEACHING LEARNING ACTIVITIES:

The Hospital Nursing Service has successfully carried out teaching learning activities including clinical experiences for the students of M. Sc. Nursing, B.Sc. Nursing, and Bachelor of Midwifery Programme as per schedule. The Hospital Nursing Service pays equal attention to the learning activities and opportunities of staff in the wards.

3. STAFF DEVELOPMENT PROGRAM

1. The Hospital Nursing Service has been instructed to conduct Continued Nursing Education (CNE) at ward level for nursing personnel as well as technical assistants working in the various wards.
2. Series of CNE on Infection prevention and control by IPC nurses.
3. Time to time ward wise CNE programme as per the felt need of staff.
4. Training exposure to the staff with coordination of NHTC, PHTC
5. The Hospital Nursing Service, College of Nursing and NAN BPKIHS UNIT has conducted workshops on the topic (Strengthening Leadership and Management Skills of Clinical Nurse Managers). For Senior Nursing Officer and Nursing Officer on dated 2081.10.14.
6. The Hospital Nursing Service, College of Nursing and NAN BPKIHS UNIT has conducted workshops on the topic (Developing Effective Nurse Leadership) for Senior Staff Nurse on dated 2081.12.19 and 2082.3.25.
7. We also conducted workshop entitled" Healing the Healers: Self-Care and Stress Reduction in the Nursing Profession" which was commenced on 9th February 2026 to 1st July with total of 658 participation comprising Senior Nursing Officers, Senior Staff Nurses and Staff Nurses of which were from KHDC, Bijaypur Hospital, Dharan , Biratnagar (Koshi Hospital and Family Planning Centre and the remaining form BPKIHS, Dharan.

4. PARTICIPATED IN TRAINING/WORKSHOP/CONFERENCE

1. Bindu Devi Wagle, Senior A.N.M. attended the tuberculosis review programme at Itahari on 2082.02.13 to 2082.02.17, organized by the Health Directorate, Dhankuta.
2. Bindu Devi Wagle, Sr ANM attended (DR TB) at Itahari 2082.07.13.
3. Mina Limbu, Sr. Nursing Officer/Hima Rai Sr.ANM attended PMTCT/HIV at Itahari from 2082.03.20 to 2082.03.22
4. Mina Limbu, Sr. Nursing officer participated in Web based MPDSR Scorecard orientation and effective action plan programme conducted at Itahari on 2082.08.20, organized by Health Directorate koshi province, Dhankuta.
5. Kamala Kumari Magar, Staff Nurse attended NHTC Module at Dhankutta from 2082.02.26 to 2082.03.04.
6. Urmila Rai, Sr. ANM attended CMT Training from 2082.02.23 to 2082.02.28
7. Anju Shree Gurung, Nursing Officer attended HTC Training in Biratnagar from 2082.03.11 to 2082.03.15
8. Suchana Chhetri, Nursing Officer attended Palliative care at Bharatpur Chitwan from 2082.03.03 to 2082.03.09
9. Bishnu Maya Tamang (Chaudhary), Deputy Matron attended "Gap Analysis of Review of Pre-service Programs of PCL Nursing, PCL General Medicine and MBBS for Gender Based Violence Perspectives" in Kathmandu, 2082.05.18 to 2082.05.19.

10. Bishnu Maya Tamang (Chaudhary), Deputy Matron attended "Review of GBV Supplemental Materials for Pre-service programs of PCL Nursing, PCL General Medicine and MBBS" in Kathmandu, 2082.08.17 to 2082.08.18.
11. Aarti Lama, Rakshya Rai, Mina Khawas, attended training on VPD on 2082.02.29 to 2082.03.01 at Vedetar, Dhankutta.
12. Prabha Joshi, Staff Nurse attended Midwifery Educators Training from 2082.08.03 to 2082.08.17. in Tripureshwor, Kathmandu.
13. Jamuna Bhurtel, Senior Nursing Officer, Renuka Yadav, Senior Nursing Officer/ Laxmi Shrestha, Senior Nursing Officer, Sakun Rasaili, Senior Staff Nurse attended District Level VPD Surveillance Review at Itahari, Sunsari on 2082.02.21 to 2082.02.21
14. Shipa Shrestha, Renuka Khadka, Tiza Rai Senior Staff Nurse, attended DC (Developmental Care) training Program in Kathmandu from 2082.08.21 to 2082.08.26.
15. Beduka Pulami, Senior Nursing Officer attended "Midwifery Leadership Training" from 2082.08.29 to 2082.09.03 in Teku Kathmandu.
16. Sabita Kuwar, Staff Nurse attended Primary Burn care Management in Kathmandu Training from 2082.10.08 to 2082.10.13
17. Gaashu Limbu, Senior Staff Nurse attended training on H.T.C. in Biratnagar Morang, from 2082.10.07 to 2082.10.11.
18. Usha Chaudhary, Nursing Officer participated in Cardiothoracic Vascular Intensive Nursing Care (CTVIN) in Shri Manmohan Maharajgunj, Kathmandu from 2082.11.01 to 2082.12.30, organized by NHTC, Teku Kathmandu.
19. Sneha Lata Shrestha, Sr. Staff Nurse attended "DHIS Recording/Reporting" Training in Biratnagar from 2082.12.22 to 2082.12.26.
20. Laxmi Kattel, Senior Staff Nurse participated in Clinical Management Training (CMT HIV/AID) in Biratnagar, Morang from 2083.01.20 to 2083.01.25.
21. Rama Basnet, Sr. ANM attended "MDRTV" Training from 2083.03.07 to 2083.03.11 at Itahari Sunsari.

5. CNE CONDUCTION IN THE ACADEMIC YEAR OF 20281/2082

Number of Continued Nursing Education (CNE) conducted regularly by various departments throughout the year on various topics specially focusing on IPC.

More than 15 series of orientation programmes on IPC for doctors, nurses, and supporting staff including nursing incharges conducted by Hospital Infection Prevention and Control (HIPC) Nurse.

Link IPC Nurse training conducted in 3 series at BPKIHS.

6. PLAN OF ACTION

- Organize IPC orientation programme for entire nursing staffs, health aids and helpers with connection of monthly meetings of each ward.
- Organize 2-3 series of IPC training for selected staff from different wards/units.
- Conduct orientation programme for each new intake of staff nurse about hospital policy, rule and regulations and communication skills and behavior modeling.
- Organize training on management and leadership skills for all nursing incharges.
- Coordinate with NHTC, PHTC as well as other organizations for the staff development and training.

- Coordinate to concerned department for initiation to make training hub of province no.1
- Short term training Course for nursing staff related areas.
- CNE on stress management with coordination by the Psychiatric department.